

TEACHING OF THE INNER CHRIST

1114 N. Second Street (1100 Bldg.)

El Cajon, CA 92021-5008

Office: 619-447-7007 / Fax: 619-447-7009

www.teachingoftheinnerchrist.com



AUGUST

Merging with Spirit

By Rev. Elaine Fuller-Zachey

When I first thought of putting together this month's plan, I channeled and here it is.

Go to the green place, the one that wraps Itself around you. Breathe in its chlorophyll sweetness, tinged with damp cool of early day. Look down at the grass and leaves to see tiny spider webs left by busy creatures. Dew has scattered pearls along the strands. Notice this; see it; feel it; Be It.

(cont. p. 3)



I came across a poem that really reminded me to be aware of my thoughts and spoken words and my actions with others. As we all know (but as humans sometime forget) thoughts are things and our words are powerful. Following is the poem I hope you enjoy it as much as I did.

Hugs Kayla Rose 

PROMISE YOURSELF

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something good in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Author unknown

.....

June 2018

Income	\$4,306.22
Expenses	<u>\$3,980.39</u>
Profit	\$ 325.83

Year-to-Date

Income	\$24,3119.83
Expenses	<u>\$26,397.41</u>
Loss	- \$ 2,277.58

We genuinely appreciate your financial support.

Please remember, if you are absent we are still here, and with your continuous financial support, we always will be.

Merging with Spirit (continued from cover)

We can go to green places that aren't feeding buildings, pavement, traffic and rushing around. We can go to green places and allow our Christ nature to merge with their Christ natures. We can expand into them and realize we are One with them. We can do this and heal ourselves of feelings of pulling, pressure and near panic of the world's divisive demands and seeming failures. We can be free and Christ aware.

Thank you dear Inner Christ for this message.

When I do this type of thing, meditation really, I am lifted into clarity. I then take that clarity back into my everyday life. I allow it to influence how I respond to the world's demands. The demands are still there, yet I am the one who is different. I perform daily tasks with renewed Christ awareness. Stress and confusion no longer prompts me to seemingly go around in circles. Instead I attend to one task at a time, then the next, then the next and maybe I make a list with Inner Christ guidance. I call on my Inner Christ to shine love and light into any situation I may encounter. I call on my Inner Christ to guide the situation itself and the people involved, including me.

Christ awareness and guidance leads us to happier, more balanced lives. Let's go to our own meditation place – a room at home, a park, or other place. Let's start our days with Inner Christ guidance. Let's thank God that this is so now.

With love and light,

Rev. Elaine Fuller-Zachey



Affirmation: I pray today for the courage to step forward and be a presence of peace, love, kindness and support.



BBQ-Potluck

Aug 25; Sept 15; Oct 13

Join Henry Jones for an enjoyable potluck and BBQ.



Afterwards, we will sit around the bonfire enjoying the beauty of the Mission Bay Channel and socializing with others. We have an awesome time getting together at the beach – and people will gather around a bonfire in the evening, singing, playing guitars, etc.

Bring sunscreen, hat, beach chairs, food to share, food to BBQ and a beverage. BBQ grill, as well as table service, will be provided.

Bring sunscreen, hat, beach chairs, food to share, food to BBQ and a beverage. BBQ grill, as well as table service, will be provided.

DIRECTIONS FROM I-8 (Going West) (others refer to Thomas Brother's pg. 1268), or your GPS:

I-8 going West, **EXIT W** Mission Bay Drive; turn **RIGHT** at the traffic light onto Ingraham Street; continue on Ingraham Street; staying in the left lane, to the second traffic light, approximately 1½ miles. Turn **LEFT** at Vacation Road.

Make an **immediate** first left (this will be a frontage road) and follow this to the end parking lot. This frontage road runs **parallel** to Ingraham Street. We will be in the vicinity of the **cement canopy** as you are facing the Mission Bay Channel. The restrooms are close to the area.

Come join us! Get some fresh air, a little exercise and some good ol' laughter!!

HENRY [619-857-7588](tel:619-857-7588) (cell phone)

- 5 Love Power Circle
 12 LBR/IBA 12:15 p.m.
 26 Potluck
 Birthday Sunday – *Bring a Friend*

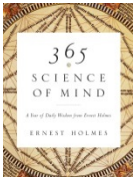


ALL MUSIC SERVICE September 30

This is the LAST SUNDAY in
 September! Everyone who would
 like to participate, please see
 Kayla and save your spot!

BOOKSTORE

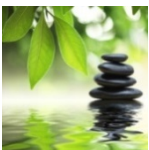
FEATURED BOOK THIS MONTH • 20% Discount!



365 Science of Mind – A Year of Daily Wisdom from
 Ernest Holmes **Sale: \$13.86 (tax included)**

DAILY MEDITATIONS are central to the Science of
 Mind philosophy: whatever a person believes is
 what he or she lives.

From the early 1940s until his passing in 1960, the teacher
 and philosopher Ernest Holmes personally created hundreds
 of daily meditations. Now, for the first time, the finest of
 these words that inspire, nurture, and revitalize the fabric of
 our lives are collected in one volume. Augmented by
 quotations from Scripture and the words of great philosophers
 through history, these meditations will enrich every heart.



2018

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5 Celebration 10:30 a.m. Love Power Circle 12:15 p.m.	6	7	8	9	10	11
12 Celebration 10:30 a.m. LBR/IBA 12:15 p.m.	13	14	15	16	17	18
19 Celebration 10:30 a.m.	20	21	22	23	24	25
26 Celebration 10:30 a.m. Potluck/ Birthday	27	28	29	30	31	



Henry's Beach Potluck / BBQ:
4:30 p.m. – Saturday – August 25
Directions on page 4

Sunday Celebration Service! August 5, 2018

Usher/Video: Kathy Tirpak
Service Leader: Rev. Elaine Fuller-Zachey

Meditation Song: "We Are One" p. 28

Opening Meditation
Greetings

Prayer Demonstrations
Prayer RUCAT Card: Fill out prior to meditation

Group Song: "All Over The World" p. 57

Center Events

Music performed by: Ann del Amo

Inspirational Reading Rev. Elaine Fuller-Zachey

"Merging with Spirit"
Rev. Elizabeth Brabant

Offering of Tithes and Gifts



Blessing of the Offering: We thank God that we are blessed with freedom, abundance and Christ guidance to share our finances and love with the Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

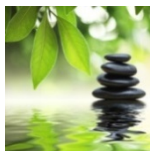
Prayer RUCAT Card: Take into meditation

Meditation Music performed by: Ann del Amo

Meditation and Silence

Affirmation for the coming week: We affirm our realization of God as Perfection Everywhere Now. We move within this Truth, Love and Joy.

Closing Song: Love Is The Only Powerp. 17
.....



Sunday Celebration Service! August 12, 2018

Usher/Video: Jennifer Allen-Prather
Service Leader: Rev. Mary Ann Kelley

Meditation Song: "We Are One" p. 28

Opening Meditation
Greetings

Prayer Demonstrations
Prayer RUCAT Card: Fill out prior to meditation

Group Song: "If Love Ruled The World" p. 71

Center Events

Music performed by: Marvin Dillard

Inspirational Reading Rev. Mary Ann Kelley

**"Extending into Oneness"
Ann del Amo**

Offering of Tithes and Gifts



Blessing of the Offering: We thank God that we are blessed with freedom, abundance and Christ guidance to share our finances and love with the Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

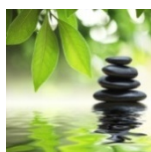
Meditation Music performed by: Marvin Dillard

Meditation and Silence

Affirmation for the coming week: We affirm our realization of God as Perfection Everywhere Now. We move within this Truth, Love and Joy.

Closing Song: Love Is The Only Powerp. 17

.....



Sunday Celebration Service! August 19, 2018

Usher/Video: Tim Parr

Service Leader: Rev. Brigitte Heimers

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

Group Song: "God's Love Is Deep Within" p. 62

Center Events

Music performed by: Richard Musil

Inspirational Reading Rev. Brigitte Heimers

"Envisioning Change and Permanence"
Rev. Mary Ann Kelley

Offering of Tithes and Gifts



Blessing of the Offering: We thank God that we are blessed with freedom, abundance and Christ guidance to share our finances and love with the Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

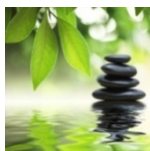
Meditation Music performed by: Richard Musil

Meditation and Silence

Affirmation for the coming week: We affirm our realization of God as Perfection Everywhere Now. We move within this Truth, Love and Joy.

Closing Song: Love Is The Only Powerp. 17

.....



Sunday Celebration Service! August 26, 2018

Usher/Video: Judy Holmes

Service Leader: PT/ICC Jennifer Allen-Prather

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

Group Song: "What The World Needs Now Is Love" ... p. 54

Center Events

Music performed by: Double Heart Trio

(Jennifer Allen-Prather, Kayla Rose Carroll, Patti Moe)

Inspirational Reading PT/ICC Jennifer Allen-Prather

"The Oneness and Equality of Being"

Rev. Brigitte Heimers

Offering of Tithes and Gifts



Blessing of the Offering: We thank God that we are blessed with freedom, abundance and Christ guidance to share our finances and love with the Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

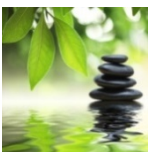
Meditation Music performed by: Double Heart Trio

Meditation and Silence

Affirmation for the coming week: We affirm our realization of God as Perfection Everywhere Now. We move within this Truth, Love and Joy.

Closing Song: Love Is The Only Powerp. 17

.....



T.I.C. Is Here For You

An Inner Christ Counseling (ICC) assists you in contacting your Inner Christ, clarifying your life purpose, and verifying your spiritual experiences.

An ICC is a channeling session with your own Inner Christ, assisted by two Inner Christ counselors. To schedule an Inner Christ Counseling (ICC), contact one of the ministers, leader teachers/Inner Christ counselors, or prayer therapists/ICC and an appointment will be arranged for you.

Prayer Therapy sessions assist you in clarifying your desires, healing false beliefs that cause problems in your life, and manifesting your good through prayer. The ministers, leader teachers and prayer therapists listed are available for interviews and prayer work by appointment.

The T.I.C. Prayer Circle is composed of ministers, leader teachers, and prayer therapists who meet weekly to pray for any person who requests prayer. Fill out a prayer request form and place it in the prayer box at our Center. A donation is appreciated and may be enclosed.



Telephone prayer requests & taped message:

Dial - A - Healing 24/7 (619) 588-4455

Prayer Circle Leader: Shared Leadership

The Prayer Circle will pray for you for two weeks, and is happy to renew your request until you have a complete demonstration.

World Healing Ministry: Rev. Mary Ann Kelley (619) 200-3639
(for people not near a T.I.C. Center) (800) 201-6722

Prayer Therapists and Counselors

All ministers, leader teachers and prayer therapists are licensed by T.I.C. and adhere to an established Code of Ethics. They understand and use the principles of Spiritual Mind Healing safeguards for pure channeling, and have clear contact with their own Inner Christ.

Teaching of the Inner Christ Center (619) 447-7007
Fax (619) 447-7009

Rev. Kayla Rose Carroll, Pastor, M.M.S. (619) 447-7007
Rev. Elizabeth Brabant, M.A., M.M.S. (858) 451-0031
Rev. Elaine Fuller-Zachey, M.A., M.M.S. (619) 263-8383
Rev. Brigitte Heimers, Ph.D., M.M.S. (619) 464-1216
Rev. Mary Ann Kelley, M.B.A, M.M.S. (619) 200-3639
Rev. Richard Musil, M.M.S. (retired)..... (619) 584-2244
PT/ICC Jennifer Allen-Prather (619) 713-0768

Visit our Website www.teachingoftheinnerchrist.com

Teaching of the Inner Christ

1114 N. 2ND ST (1100 Bldg.)
EL CAJON, CA 92021-5008
619-447-7007

Address Correction Requested



The Teaching of the Inner Christ (T.I.C.) is a non-profit, non-denominational spiritual teaching which helps you to contact and experience your True Self, your God Center, your "Christ Self" within, which is your own individual inner spiritual identity.

www.teachingoftheinnerchrist.com

We thank our WONDERFUL POSTAL SERVICE and all those
who care for our mail from start to finish!!

We are TRULY grateful for all you do.

Thank You! Thank You! Thank You!