

♥ TEACHING OF THE INNER CHRIST
1114 N. Second Street (1100 Bldg.)
El Cajon, CA 92021-5008

Office: 619-447-7007 / Fax: 619-447-7009



September

God's Abundant World

By Rev. Mary Ann Kelley

During this time of year, the crops in the plains states are being gathered, and from my teenage years, I remember all of the grain trucks, and sugar beet trucks going (cont. p.3)



Ernest Holmes said in Science of Mind "If we have to make a choice, we must be still in our own consciousness and know that the Spirit within knows and will guide us."

By listening to the guidance of our own Christ Self we know we are connected to God. Having our own personal integrity is what allows us to step into the great expansiveness of God's love. If we are caught up in pleasing everything and everybody outside of ourselves, we are compromising our own inner knowing of what is right and true for us. We must be willing to march to our own drumbeat. Ernest Holmes says, "Man does not exist for the purpose of making an impression upon his environment. He does, however, exist to express himself in and through his environment. There is a great difference. It is not necessary that we leave any impression. It is not necessary, if we should pass on tonight, that anyone should remember that we have ever lived. All that means anything is that while we live, WE LIVE and wherever we go from here we shall keep on living. It is quite a burden lifted when we realize that we do not have to move the world—it is moving anyway. This realization does not lessen our duty or our social obligation. It clarifies it. It enables us to do joyously, and free from morbidity, that which we should do in the social state."

Personal integrity is a day-by-day, moment-by-moment activity. We are the writer, director and the actor in our own play, but this play is not performed for the sake of the audience's pleasure. It is performed for our own JOY!

Love and blessings,

Rev. Kayla Rose Carroll



July 2018

Income	\$3,839.67
Expenses	<u>\$4,380.41</u>
Loss	\$ 540.74

We genuinely appreciate your financial support.

Please remember, if you are absent we are still here, and with your continuous financial support, we always will be.

God's Abundant World (cont. from cover)

down the highways to the granaries and sugar beet factories for processing, and the cattle cars from the trains, and trucks bringing the cattle to the packing plant.

It was an exciting time because we were getting new clothes and supplies for school. God's abundance was obviously everywhere. It was an idyllic time in the sixties, and life seemed so simple then.

While life is more complex today as we see from a more "adult" perspective, it truly is a world filled with God's wondrous generosity. Here in Southern California, we see it everywhere in the blooming flowers and trees, in the beautiful weather we enjoy, in the abundance of produce we get at our wonderful farmers' markets throughout the San Diego County, and in our ability to enjoy all of God's goodness.

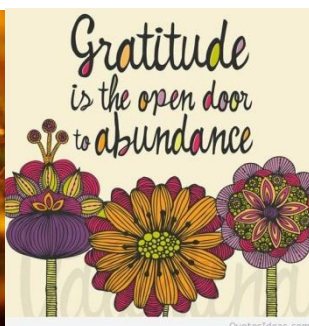
Let us take time to say, "thank you wonderful God in me, for helping me see, utilize and share your marvelous Abundant Goodness." And so it is.

Blessing to you all,
Rev. Mary Ann

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Think abundantly. Energy follows INTENTION.

Abundance is not something we acquire, it is something we TUNE into.





BBQ-Potluck

**Saturday:
Sept 15; Oct 13**

**Join Henry Jones for an enjoyable
potluck and BBQ.**



Afterwards, we will sit around the bonfire enjoying the beauty of the Mission Bay Channel and socializing with others. We have an awesome time getting together at the beach – and people will gather around a bonfire in the evening, singing,

playing guitars, etc.

Bring sunscreen, hat, beach chairs, food to share and/or food to BBQ and a beverage. BBQ grill, as well as table service, will be provided.

DIRECTIONS FROM I-8 (Going West) (others refer to Thomas Brother's pg. 1268), or your GPS:

I-8 going West, **EXIT** W Mission Bay Drive; turn **RIGHT** at the traffic light onto Ingraham Street; continue on Ingraham Street; staying in the **left** lane, to the second traffic light, approximately 1½ miles. Turn **LEFT** at Vacation Road.

Make an **immediate** first left (this will be a frontage road) and follow this to the end parking lot. This frontage road runs **parallel** to Ingraham Street. We will be in the vicinity of the **cement canopy** as you are facing the Mission Bay Channel. The restrooms are close to the area.

Come join us! Get some fresh air, a little exercise and some good ol' laughter!!

HENRY 619-857-7588 (cell phone)

**Awareness Day – October 21, 2018
Luncheon/Potluck**

October 21 – After service T.I.C. will be supplying cake



The Oneness Kirtan Band from Orange County will again be playing at the Awareness Day Celebration on Oct. 21st!

Kirtan is the ancient art of singing as meditation. It is based on mantras that have strong energetic and vibrational components and serve as a bridge to higher consciousness. Kirtan is a very simple and powerful way to meditate. It's effortless and joyful: the music does the work for you. Kirtan is a means of finding our way back to the core of our Being, to our hearts, and to our connection with all of Life.

The Oneness Kirtan Band will be giving us the experience of kirtan music and sharing chants created especially for T.I.C.!

This is such an *AWESOME* way to celebrate Awareness Day!!
ABOUT 2018 SPIRITUAL CELEBRATION!

Spiritual Celebration, "Celebrating Life's Joy" this, June 21-24, 2018 was an awesome inspiring, joy-filled experience.

We had lots of music, dancing, joyshops, laughter and inspiring talks. We had Love Power Circles and plenty of reflection time. The food, by Chef Charity was the best. There were several entree items at each meal to pick from, with hot out-of-the-oven delicious desserts and homemade ice cream. If you are vegan or vegetarian Chef Charity will accommodate you, just let us know on your seminar registration. It was all so much fun. Those who could not come this year may want to start thinking about coming next year-June 20-23, 2019. You don't want to miss out on the fun next year.



You can set up a payment plan now for next year . . . the sooner you do this the less the payment amounts will be.

If you find later that you have a conflict with the date and can't attend, contact T.I.C. and all of your donations, with the exception of the \$75 down payment, will be refunded. For more information, please call: (619) 447-7007.





FYI: by Jeannette

Chili Roasted Chicken Thighs (Super EASY!)

(Sent to me by Maria Z)



I chose this recipe (Chili Roasted Chicken Thighs, courtesy of CookAtPaleo.com) because, aside from being tasty, it only takes 5 min. to prep and another 15 min. to cook. Here's how to make it:

2 lbs. boneless chicken thighs
1 tbsp. organic extra virgin olive oil
1 tbsp. chili powder
Sea salt to taste
Fresh ground pepper to taste
Fresh cilantro for garnish
Lime wedges for serving

Preheat oven to 375. Place chicken on a sheet pan. Drizzle with olive oil and turn to coat. Rub with chili powder, salt, and pepper. Roast the chicken thighs in the oven until cooked through, about 15 minutes.

Sprinkle with cilantro and serve with lime wedges.

That's it. And again, this is a pure keto meal to keep you burning fat all day long.



SEPTEMBER

Here's
What's
Happening!

- 2 Love Power Circle
- 9 LBR/IBA 12:15 p.m.
- 23 Potluck
- 30 **ALL MUSIC SUNDAY**
Birthday Sunday – *Bring a Friend*

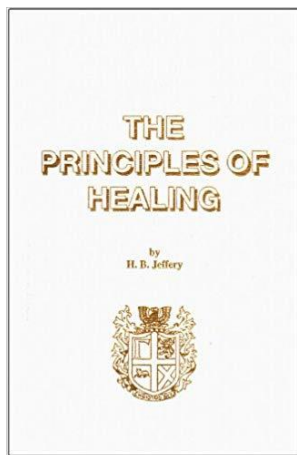


BOOKSTORE

FEATURED BOOK THIS MONTH • 20% Discount!

THE PRINCIPLES OF HEALING

By: H.B. Jeffery



**Regularly \$20.00 less 20% =
\$16.00 + tax = \$17.32**

This is an excellent book for people interested in spiritual (non-material) healing. Even though it was written over 70 years ago, all the ideas are in line with contemporary thinking. I would highly recommend it for serious students of mental and spiritual healing.

[A Great Book to study for Higher Consciousness](#)



SEPTEMBER 2018

SUN	MON	TUE	WED	THU	FRI	SAT
2 Celebration 10:30 a.m. Love Power Circle 12:15 p.m.	3	4	5	6	7	8
9 Celebration 10:30 a.m. LBR/IBA 12:15 p.m.	10	11	12	13	14	15 Beach BBQ
16 Celebration 10:30 a.m.	17	18	19	20	21	22
23 Celebration 10:30 a.m. Potluck	24	25	26	27	28	29
30 Celebration 10:30 a.m. All Music Sunday Service Birthday Sunday	<div>  </div> <div> <p>Join Henry Jones for Potluck and BBQ.</p> <p>September 15</p> </div>					

Sunday Celebration Service! September 2, 2018

Usher/Video: Kathy Tirpak
Service Leader: Rev. Mary Ann Kelley

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

Group Song: "Count Your Blessings" p. 49

Center Events

Music performed by: Ann del Amo

Inspirational Reading Rev. Mary Ann Kelley

"Claiming God's Abundance for Me"

Rev. Elaine Fuller-Zachey

Offering of Tithes and Gifts



Blessing of the Offering: Thank You Wonderful God for showing me the Abundance you have given me and this Wonderful Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

Meditation Music performed by: Ann del Amo

Meditation and Silence

Affirmation for the coming week:

All of God's abundance is here for me.

Closing Song: Love Is The Only Powerp. 17

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**I CREATE an AVALANCHE of
FINANCIAL ABUNDANCE, and I
GIVE BACK in AMAZING WAYS!**

Sunday Celebration Service! September 9, 2018

Usher/Video: Jennifer Allen-Prather
Service Leader: Rev. Elaine Fuller-Zachey

Meditation Song: "We Are One" p. 28

Opening Meditation
Greetings

Prayer Demonstrations
Prayer RUCAT Card: Fill out prior to meditation

Group Song: "I Live Vigorously" p. 68

Center Events

Music performed by: Marvin Dillard

Inspirational Reading Rev. Elaine Fuller-Zachey

"Recognizing God's Abundance In Me"
Rev. Brigitte Heimers

Offering of Tithes and Gifts



Blessing of the Offering: Thank You Wonderful God for showing me the Abundance you have given me and this Wonderful Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

Meditation Music performed by: Marvin Dillard

Meditation and Silence

Affirmation for the coming week: I see God's abundance all around me and I know that it is for me.

Closing Song: Love Is The Only Powerp. 17



THE CYCLE OF ABUNDANCE
EXHALE, INHALE, OPENNESS, FULLNESS,
GENEROSITY, GIVING, ALIGNING,
ATTRACTING, RECEIVING, GRATITUDE

Sunday Celebration Service! September 16, 2018

Usher/Video: Tim Parr

Service Leader: Rev. Brigitte Heimers

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

Group Song: "God Of Love" p. 1

Center Events

Music performed by: Richard Musil

Inspirational Reading Rev. Brigitte Heimers

"Accepting God's Abundance for Me"

Rev. Elizabeth Brabant

Offering of Tithes and Gifts



Blessing of the Offering: Thank You Wonderful God for showing me the Abundance you have given me and this Wonderful Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

Meditation Music performed by: Richard Musil

Meditation and Silence

Affirmation for the coming week: I accept God's abundance in my life and in the lives of everyone around me.

Closing Song: Love Is The Only Powerp. 17

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Talk about your blessings...

What you focus on expands.

Sunday Celebration Service! September 23, 2018

Usher/Video: Judy Holmes

Service Leader: PT/ICC Jennifer Allen-Prather

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

Group Song: "Love Is All There Is"..... p. 19

Center Events

Music performed by: Ann del Amo

Inspirational Reading PT/ICC Jennifer Allen-Prather

"Sharing God's Abundance with Others"

Rev. Mary Ann Kelley

Offering of Tithes and Gifts



Blessing of the Offering: Thank You Wonderful God for showing me the Abundance you have given me and this Wonderful Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

Meditation Music performed by: Ann del Amo

Meditation and Silence

Affirmation for the coming week: I take delight in sharing God's abundance with my world.

Closing Song: Love Is The Only Powerp. 17

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You will find peace of mind when you listen to your heart.

Great opportunities always come my way

Sunday Celebration Service! September 30, 2018

Usher/Video: Kathy Tirpak
Service Leader: Rev. Kayla Rose Carroll

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

All Music Service with T.I.C. Talents Galore

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A miracle of ABUNDANCE comes to me today! Overflowing wealth and wellness is happening to me right now, in the best possible way, for the highest good!

Your Name		199
Your Address		
DATE		
YOUR NAME HERE		Bid in Full
PAID IN FULL		
Bank of the Universe		
The Law of Abundance		
1999 00 500 00 342 500 00 1999 11		

An Inner Christ Counseling (ICC) assists you in contacting your Inner Christ, clarifying your life purpose, and verifying your spiritual experiences.

An ICC is a channeling session with your own Inner Christ, assisted by two Inner Christ counselors. To schedule an Inner Christ Counseling (ICC), contact one of the ministers, leader teachers/Inner Christ counselors, or prayer therapists/ICC and an appointment will be arranged for you.

Prayer Therapy sessions assist you in clarifying your desires, healing false beliefs that cause problems in your life, and manifesting your good through prayer. The ministers, leader teachers and prayer therapists listed are available for interviews and prayer work by appointment.

The T.I.C. Prayer Circle is composed of ministers, leader teachers, and prayer therapists who meet weekly to pray for any person who requests prayer. Fill out a prayer request form and place it in the prayer box at our Center. A donation is appreciated and may be enclosed.



Telephone prayer requests & taped message:
Dial - A - Healing 24/7 (619) 588-4455

Prayer Circle Leader: Shared Leadership

The Prayer Circle will pray for you for two weeks, and is happy to renew your request until you have a complete demonstration.

World Healing Ministry: Rev. Mary Ann Kelley (619) 200-3639
(for people not near a T.I.C. Center) (800) 201-6722

Prayer Therapists and Counselors

All ministers, leader teachers and prayer therapists are licensed by T.I.C. and adhere to an established Code of Ethics. They understand and use the principles of Spiritual Mind Healing safeguards for pure channeling, and have clear contact with their own Inner Christ.

Teaching of the Inner Christ Center (619) 447-7007
Fax (619) 447-7009

Rev. Kayla Rose Carroll, Pastor, M.M.S. (619) 447-7007
Rev. Elizabeth Brabant, M.A., M.M.S. (858) 451-0031
Rev. Elaine Fuller-Zachey, M.A., M.M.S. (619) 263-8383
Rev. Brigitte Heimers, Ph.D., M.M.S. (619) 464-1216
Rev. Mary Ann Kelley, M.B.A, M.M.S. (619) 200-3639
Rev. Richard Musil, M.M.S. (retired)..... (619) 584-2244
PT/ICC Jennifer Allen-Prather (619) 713-0768

Visit our Website www.teachingoftheinnerchrist.com

Teaching of the Inner Christ

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EL CAJON, CA 92021-5008
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Address Correction Requested

I am open
and ready
to attract
ABUNDANCE
into my life



The Teaching of the Inner Christ (T.I.C.) is a non-profit, non-denominational spiritual teaching which helps you to contact and experience your True Self, your God Center, your "Christ Self" within, which is your own individual inner spiritual identity.

www.teachingoftheinnerchrist.com

We thank our **WONDERFUL POSTAL SERVICE** and all those
who care for our mail from start to finish!!
We are **TRULY** grateful for all you do.

Thank You! Thank You! Thank You!

