TEACHING OF THE INNER CHRIST 1114 N. Second Street (1100 Bldg.) El Cajon, CA 92021-5008

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JANUARY, 2019

Infinite Possibilities

By Rev. Elaine Fuller-Zachey

It's a new year, a miracle, a clean slate, new fallen snow not yet marked by footsteps. The concept of a new year is to me a concept of a new me. It's full of infinite possibilities. With Inner Christ guidance, I can change and grow more into my true self. In an infinite universe, anything that can happen will happen and more. I don't remember the physicist who said that, but it stuck and to me it indicates unbounded freedom. (Continued page 3)



I remember how good it feels when I finally get around to sorting all that stuff in our home or at the office. When I clean up and get rid of the scattered, messy or confused

conditions, things begin to go smoother. The same is true when I tidy up my thoughts. I desire the same feeling now.

In the beginning of this New Year, 2019, making changes in my life may not mean adding something new, but getting rid of something old. That may include material possessions but is more likely to be remembering my choice of words; reversing negative thoughts into positive loving thoughts.

I have already put a plan in motion to start cleaning out cupboards, files, closets, and a store room. I am also meditating and praying to be fed more loving, kinder thoughts. After all, more loving kinder thoughts equal more loving kinder words.

What are your goals for 2019?

May all be blessed with lots of love, great health, peace, joy and laughter in the new year.

Love Kayla Rose



Affirmation: I let go and witness the power of the Spirit in my life. I turn within and feel the peace of this moment. I am aware, awake and renewed.

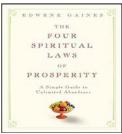
We genuinely appreciate your financial support. Thank you!

November 2018
Income \$ 4461.03
Expenses (\$ 4349.27)
Net Profit \$ 111.76

BOOKSTORE

FEATURED BOOK THIS MONTH • 20% Discount!

The Four Spiritual Laws of Prosperity
By Edwene Gaines
Discount price: \$17.28 including tax



Years before she became the celebrated speaker and Unity minister she is today, Edwene Gaines was raising her daughter in abject poverty. She turned toward her faith for reassurance and finally asked for direction. It seemed impossible at the time, however, she began to follow the

four spiritual laws of prosperity: tithing, goal-setting, forgiveness and finding her divine purpose. Gaines guarantees that following these principles will change your life into one of abundance and freedom.

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Infinite Possibilities (Continued from page 3)

Combine that with the Teaching of the Inner Christ's wisdom about True Desires. These are the desires in the here and now that we are born with and point us toward our life purpose(s). Maybe we express them in childhood, maybe not.

As a child I drew. My parents had a little chalkboard in the kitchen and I started drawing on it before I began school. Now I paint with acrylics and I've sold a few pieces. Selling some is a part of a new successful art career. My art expresses the spiritual nature of subject and in a universe of infinite possibilities. (Continued on page 7)

Hidden San Diego: This week - Balboa Park

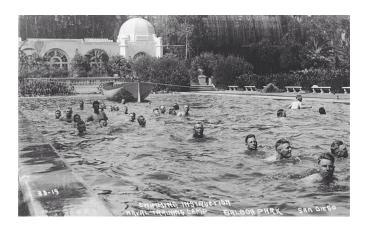


Balboa Park Botanical Garden

Hours: Free to the public on FRI thru WED, 10 a.m. to 4 p.m. (Closed Thursdays and holidays).

Personal Experience: If you are a photographer, lover of nature, beauty and/or fresh air, then you must check out the botanical building at least once! This beautiful building can be seen in movies such as National Lampoon's Dorm Daze. This building was built in 1915-1916. The Botanical Building plantings include more than 2,100 permanent plants. This is a beautiful, tropical oasis!

And a fun little tip: Did you know the Reflection Pool in Balboa Park was used as a swimming pool during World War I and II? During World War I, it was used to teach sailors to swim. During World War II, it was used as a rehabilitation pool. Awesome!



http://hiddensandiego.net/balboa-botanical-building.php

Balboa Park museums offer free general admission on a rotating basis throughout the month to residents of the City and County of San Diego, and to active military personnel and their dependents.

Some museums may offer complimentary admission to their permanent collections only and charge admission to special exhibitions, showings, and events. Please call individual museums for information."

First Tuesdays

- Centro Cultural de la Raza
- San Diego Model Railroad Museum
- San Diego Natural History Museum
- Reuben H. Fleet Science Center (fee charged for theater)

Second Tuesdays

- Museum of Photographic Arts
- Museum of San Diego History
- Veterans' Museum and Memorial Center

Third Tuesdays

- San Diego Art Institute
- San Diego Museum of Art (Permanent Exhibit Only)
- San Diego Museum of Man
- Japanese Friendship Garden
- Mingei International Museum

Fourth Tuesdays

- San Diego Hall of Champions Sports Museum
- San Diego Air and Space Museum
- San Diego Automotive Museum
- House of Pacific Relations International Cottages and
- Hall of Nations

Fifth Tuesdays

· Regular admission prices are in effect

The City's Botanical Building is open every day except Thursday. Admission is always free.

Parking Spot



A man was driving down the street, very upset because he had an important meeting and couldn't find a parking space. Looking up to heaven, he said, "Lord, take pity on me. If you find me a parking space, I promise to

go to church every Sunday for the rest of my life and give up swearing."

Miraculously, a spot opened right in front of the building. The man looked up and said, "Never mind. I found one."

Eat FREE on your birthday:

http://www.hustlermoneyblog.com/eat-free-on-your-birthday/

Infinite Possibilities (Continued from page 3)

It's a true desire of showing the spirituality of all existence for me. The possibility of selling my art creates a pull for more. When I paint I'm in a light meditation and recognize my subject's true spiritual nature, its holiness. I embrace my freedom to learn and grow within and as part of the Infinite universe. Prayer brings my consciousness in alignment with the infinite holiness. It is my gift to myself and God. We can meditate with our Inner Christ to seek to express anew what we came here to express. We can see where we fit in this universe of infinite possibilities.

Rev. Elaine Fuller-Zachey



- 6 Love Power Circle 12:15 p.m.
- 13 LBR/IBA Meeting 12:15 p.m
- 20 Prosperity Workshop 12:30 p.m.
- New Class: Inspired Self Leadership 3:00 p.m. 24
- 27 Birthday Sunday and Potluck Bring a Friend



New Prosperity Workshop

(to inspire your financial abundance)



Sunday - January 20, 2019 12:30 p.m. -



NEW PROSPERITY WORKSHOP

Do you want to find a simple way to unlimited abundance?

Then join us for a study of Edwene Gaines' "The Four Spiritual Laws of Prosperity" beginning January 20, 2019, and then the following third Sunday for the next three months. Your love donation of 10% of the increase in income during the class is the only fee.

Led by Rev. Mary Ann Kelley

(see the book of the month page 3)

Coming Soon – TRUSTING THE PROCESS Workshop Sunday, February 24, 2019, 12:30 p.m.

Facilitated by Caroline Gross, Author and Speaker

NEW CLASS -

INSPIRED SELF LEADERSHIP

This course can help you to develop:

- Clarity of purpose
- Order in your life
- Decision-making ability
- Self-satisfaction, self-esteem and joy in living

Ten Thursdays, 3:00 p.m. – 6:00 p.m. January 24 to March 28, 2019

Taught by Rev. Kayla Rose Carroll Assisted by PT/ICC Jennifer Allen-Prather

Open to graduates of Inner Sensitivity Training



SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
Celebration 10:30 a.m. Love Power Circle 12:15	7	8	9	10	11	12
Celebration 10:30 a.m. LBR/IBA 12:15 p.m	14	15	16	17	18	19
20 Celebration 10:30 a.m. Prosperity Workshop 12:30	21	22	23	24 Inspired Self- Leader- Ship 3:00 pm	25	26
27 Celebration 10:30 a.m. Birthday/ Potluck	28	29	30	31 Inspired Self- Leader- Ship #2 3:00 pm		

"Imagine all the people living life in PEACE. You may say I'm a dreamer, but I'm not the only one, I hope that someday you'll join us, and the world will live as one."

John Lennon

Sunday Celebration Service! January 6, 2019

	Usher: / Video Camera: Kathy Tirpak Service Leader: Rev. Mary Ann Kelley	
Medita	tion Song: "We Are One"	p. 28
Openin Greetir	ng Meditation ngs	
•	Demonstrations RUCAT Card: Fill out prior to meditation	
	Song: "Sweet Beginnings" Events	p. 6
Music	performed by: Ann del Amo	
Inspira	tional Reading Rev. Mary Ann Kelley	
	"Where Do I Fit Into Infinite Possibilities?" Rev. Brigitte Heimers	
Offerin	g of Tithes and Gifts	
A	Blessing of the Offering: As I give and receive with a grateful heart, I know it is returned to m stamped down, running over. Thank you, God, for my growing prosperity. And so it is!!	ie,
Music:	"Lord I Do Give Thee Thanks"	.p. 74
Prayer	RUCAT Card: Take into meditation	
	tion Music performed by: Ann del Amo ation and Silence	
	ation for the coming week: I am one with God ares of All Good, All Life and All Love flows around h me.	
Closino	Song: Love Is the Only Power	n 17

Sunday Celebration Service! January 13, 2019

Usher / Video Camera: Kayla Rose Carroll Service Leader: Rev. Brigitte Heimers
Meditation Song: "We Are One" p. 28
Opening Meditation Greetings
Prayer Demonstrations Prayer RUCAT Card: Fill out prior to meditation
Group Song: "Consciousness of the Christ" p. 32 Center Events
Music performed by: Marvin Dillard
Inspirational Reading Rev. Brigitte Heimers
"How Do I Mirror the Infinite?" Rev. Elizabeth Brabant
Offering of Tithes and Gifts
Blessing of the Offering: As I give and receive with a grateful heart, I know it is returned to me, stamped down, running over. Thank you, God, for my growing prosperity. And so it is!
Music: "Lord I Do Give Thee Thanks"p. 74
Prayer RUCAT Card: Take into meditation
Meditation Music performed by: Marvin Dillard Meditation and Silence
Affirmation for the coming week: I follow my inner light and move forward in faith!
Closing Song: Love Is the Only Power

Sunday Celebration Service! January 20, 2019

Usher / Video Camera: Tim Parr

Service Leader: Rev. Elaine Fuller-Zachey		
Meditation Song: "We Are One" p. 28		
Opening Meditation Greetings		
Prayer Demonstrations Prayer RUCAT Card: Fill out prior to meditation		
Group Song: "All Is Right in Our World" p. 13 Center Events		
Music performed by: Richard Musil		
Inspirational Reading Rev. Elaine Fuller-Zachey		
"Learning 'Failure' as a Way to Success" Rev. Mary Ann Kelley		
Offering of Tithes and Gifts		
Blessing of the Offering: As I give and receive with a grateful heart, I know it is returned to me, stamped down, running over. Thank you, God, for my growing prosperity. And so it is!		
Music: "Lord I Do Give Thee Thanks"p. 74		
Prayer RUCAT Card: Take into meditation		
Meditation Music performed by: Richard Musil Meditation and Silence		
Affirmation for the coming week: I move and breathe and exist within the Allness of God. My life purpose is God's purpose		
Closing Song: Love Is the Only Powerp. 17		

Sunday Celebration Service! January 27, 2019

Usher: Judy Holmes / Video Camera: Judy Holmes Service Leader: PT/ICC Jennifer Allen-Prather
Meditation Song: "We Are One" p. 28
Opening Meditation Greetings
Prayer Demonstrations Prayer RUCAT Card: Fill out prior to meditation
Group Song: "Ready For A Miracle" Song Sheet Center Events
Music performed by: Double Heart Trio (Kayla Rose Carroll, Jennifer Allen-Prather, Patti Moe)
Inspirational Reading PT/ICC Jennifer Allen-Prather
"Speaking and Listening to God" Rev. Elaine Fuller-Zachey
Offering of Tithes and Gifts
Blessing of the Offering: As I give and receive with a grateful heart, I know it is returned to me, stamped down, running over. Thank you, God, for my growing prosperity. And so it is!
Music: "Lord I Do Give Thee Thanks"p. 74
Prayer RUCAT Card: Take into meditation
Meditation Music performed by: Double Heart Trio Meditation and Silence
Affirmation for the coming week: Through eyes of love, I see all people living in peace.
Closing Song: Love Is the Only Powerp. 17



The people who started the movement:

In the beginning—2009–Todd Bol of Hudson, Wisconsin, built a model of a one room schoolhouse as a tribute to his mother, a former school teacher who loved

reading. He filled it with books and put it on a post in his front yard. His neighbors and friends loved it. He built several more and gave them away. Each one had a sign that said FREE BOOKS

Our Mission:

To promote literacy and the love of reading by building free book exchanges worldwide. To build a sense of community as we share skills, creativity and wisdom across generations.

Our Goal: To build 2,510 Little Free Libraries—as many as Andrew Carnegie—and keep going.

Key Strategies: Promotion of reading for children, literacy for adults and libraries around the world.

Locations:

Clairemont: 3314 Karok Ave.

El Cajon: 5854 Malvern Ct. & Madra Ave. (address unknown)

Golden Hill: Fern Street (street address unknown)

Mira Mesa: 10444 Cheviot Court

Mission Hills: 2153 Pine St. & 2341 Whitman St.

North Park: 3412 Quince St., 2263 Pentuckett Ave &

3530 Cooper St.

Old Town: 611 Grandview St. Point Loma: 3343 Harbor View Dr.

Personal Experience: The Little Free Library is special for so many reasons. I love how each library is crafted differently from all the others and created with an obvious amount of love. This concept is so simple and yet can be so effective if we let it. The purpose is to get us to read and share our books instead of just throwing them out, selling them or letting them collect dust on our bookshelf.

T.I.C. Is Here For You

An Inner Christ Counseling (ICC) assists you in contacting your Inner Christ, clarifying your life's purpose, and verifying your spiritual experiences.

An ICC is a channeling session with your own Inner Christ, assisted by two Inner Christ counselors. To schedule an Inner Christ Counseling (ICC), contact one of the ministers, leader teachers/Inner Christ counselors, or prayer therapists/ICC and an appointment will be arranged for you.

Prayer Therapy sessions assist you in clarifying your desires, healing false beliefs that cause problems in your life, and manifesting your good through prayer. The ministers, leader teachers, and prayer therapists listed are available for interviews and prayer work by appointment.

The T.I.C. Prayer Circle is composed of ministers, leader teachers, and prayer therapists who meet weekly to pray for any person who requests prayer. Fill out a prayer request form and place it in the prayer box at our Center. A donation is appreciated and may be enclosed.



Prayer Circle Leader: Rev. Elizabeth Brabant (858) 451-0031

The Prayer Circle will pray for you for two weeks, and is happy to renew your request until you have a complete demonstration.

World Healing Ministry: Rev. Mary Ann Kelley (619) 200-3639 (for people not near a T.I.C. Center) (800)201-6722

Prayer Therapists and Counselors

All ministers, leader teachers, and prayer therapists are licensed by T.I.C. and adhere to an established Code of Ethics. They understand and use the principles of Spiritual Mind Healing safeguards for pure channeling, and have clear contact with their own Inner Christ.

Teaching of the Inner Christ Center		
Fax.		(619) 447-7009
Rev. Kayla Rose Carroll, Pastor, M.M.S		(619) 447-7007
Rev. Brigitte Heimers, Ph.D., M.M.S		(619) 464-1216
Rev. Richard Musil, M.M.S. (Retired)		(619) 584-2244
Rev. Mary Ann Kelley, M.B.A, M.M.S		(619) 200-3639
Rev. Elizabeth Brabant, M.A., M.M.S		(858) 451-0031
Rev. Elaine Fuller-Zachey, M.A., M.M.S		(619) 263-8383
PT/ICC Jennifer Allen-Prather		(619) 305-3560

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Address Correction Requested

619-447-7007

The Teaching of the Inner Christ (T.I.C.) is a non-profit, non-denominational spiritual teaching which helps you to contact and experience your True Self, your God Center, your "Christ Self" within, which is your own individual inner spiritual identity.

www.teachingoftheinnerchrist.com







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We are really grateful for all you do.

Thank You! Thank You! Thank You!