

TEACHING OF THE INNER CHRIST

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www.teachingoftheinnerchrist.com



Elizabeth Brabant & Family

May, 2019

Mother's Day Blessings

By Rev. Elizabeth Brabant

Our Mothers give love unconditionally, with no limits. It is the most pure kind of love. It is a love that makes you feel safe and warm as if you were wrapped up in a protective blanket. A Mother's love is therapeutic and is full of healing power.

Our Mothers teach and guide us. They willingly give of themselves. We trust their tenderness and kindness. We learn self-acceptance from them. Our Mothers mold us into divine loving beings. (cont. p.5)



May is the month that we traditionally celebrate Mother's Day; it also seems to carry a greater concentration on the quality of God that is Love. Throughout the ages, Mothers have carried the energy of unconditional love and the ability to see beyond appearances to the Absolute Truth of an individual's being. When everyone else has given up on an individual, it always seems that the mother continually holds out hope for that person.

This month let's begin to mother ourselves. Let's begin to give ourselves something that cannot be received from anyone else. Let's begin to embrace and love ourselves as a precious emanation of God.

As adults we mother others---child, friend, or lover. The ability to love, nurture and support another wells up from the epicenter of love that is the essence of our being. Yet we often treat ourselves like orphans, ignoring the importance of being mothered even though we are all grown up.

Love yourself! Nurture yourself! Mother yourself from the Mother within. Give yourself a big hug! You will soar to new heights and feel joy like never felt before.

Mother Love to All!

Rev. Kayla Rose



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We genuinely appreciate your financial support.

	<u>March 2019</u>
Income	\$7,297.41
Expenses	<u>\$4,989.77</u>
Profit	<u>\$2,307.64</u>

Please remember, if you are absent we are still here, and with your continuous financial support, we always will be.



Donations needed for our Fundraiser RAFFLE at Spiritual Celebration.

Ideas:



Is there a service you could provide?

Kitchen appliances?

Do you make jewelry?



CASH makes GREAT prizes!!

Do you have tickets . . . to a play, movie, game, etc.?



(Items can be new or gently used.) **Need by May 29.**

If you live in San Diego, please bring these donations into the International Center **by May 29** along with a picture or description of your treasure and an approximate value.

If you live in another area or if you will be bringing your donation along with you to the Celebration, please provide the item description by the deadline. The description is very important so that we can plan what is needed to display your gift.

For more information contact Kathy: ktirpak@cox.net

Or call: 619-261-9761



AFFIRMATION: I expand my perception so that I can experience each day as a holy day (holiday), replete with infinite possibilities for celebrating life in all of its fullness, filled with gratitude for my endless blessings.



FYI: by Jeannette

Angel (By Real-Muslimah)

Once upon a time there was a child ready to be born. One day the child asked God, "They tell me that you are going to send me to earth tomorrow but how am I going to live there being so small and helpless?" God replied, "Among the many angels I have chosen one for you." She will be waiting for you and will take care of you."

Said child, "But tell me, here in Heaven I don't do anything else but sing and smile. That's what I need to be happy!" God replied, "Your angel will sing for you every day. And you will feel your angel's love and be happy."

"And," said the child, "How am I going to be able to understand when people talk to me, if I don't know the language that the people talk?" "That's easy," God said, "Your angel will tell you the most beautiful and sweet words you will ever hear, and with much patience and care, your angel will teach you how to speak." The child looked up at God, saying, "And what am I going to do when I want to talk with you?" God smiled at the child, saying, "Your angel will teach you how to pray."

The child said, "I've heard that on earth there are bad people. Who will protect me?" God replied, "Your angel will defend you, even if it means risking life! The child looked sad, "But I will always be sad because I will not see you anymore." God replied, "Your angel will always talk to you about me and will teach you the way to come back to me, even though I will always be next to you."

At that moment there was much peace in Heaven, but voices on earth could already be heard.

The child, in a hurry, asked softly, "Oh, God, if I am about to leave now please tell me my angel's name!" God replied, "Your angel's name is of no importance...you will simply call her mother."

Moral: Your mother is your angel.

Mother's Day Blessings (continued from cover)

As our giving to others becomes greater, our Mother's love opens many doors to truth. Mother's love creates new courage within us. Our hearts are full and we are filled with great joy. Accepting and giving love is different for each of us. I invite us to all send our love out into the world.

Thank you wonderful God!

Rev Elizabeth Brabant



BOOKSTORE

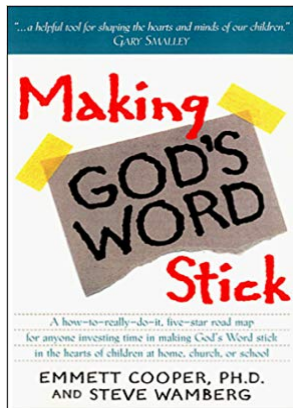
FEATURED BOOK THIS MONTH • 20% Discount!

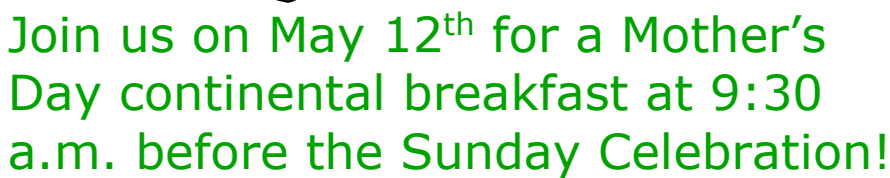
Making God's Word Stick

by Emmett Cooper, PhD and Steve Wamberg

Sale: \$8.65 Total with tax

"A how-to-really-do-it, five-start road map for anyone investing time in making God's Work stick in the hearts of children at home, church, or school."





Join us on May 12th for a Mother's Day continental breakfast at 9:30 a.m. before the Sunday Celebration!

IN JAPAN, BROKEN OBJECTS
are OFTEN REPAIRED WITH
GOLD. THE FLAW is SEEN
as A UNIQUE PIECE OF the
OBJECT'S HISTORY, WHICH
ADDS TO its BEAUTY.

CONSIDER THIS





5 Love Power Circle

12 LBR/IBA 12:15 p.m. –
Happy Mother's Day!

19 Sunday Celebration, 10:30 a.m.

26 Potluck



Birthday Sunday – *Bring a Friend*

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Henry's Beach
Potluck /BBQ:
4:30 p.m. – Saturdays

Next BBQs: For dates,
contact HENRY **619-857-7588** (cell phone)





MAY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5 Celebration 10:30 a.m. Love Power Circle 12:15 p.m.	6	7	8	9	10	11
12 Mother's Day Celebration 10:30 a.m. LBR/IBA 12:15 p.m.	13	14	15	16	17	18
19 Celebration 10:30 a.m.	20	21	22	23	24	25
26 Celebration 10:30 a.m. Potluck Birthday Sunday	27	28	29	30		

Sunday Celebration Service! May 5, 2019

Usher/Video: Jennifer Allen-Prather

Service Leader: Rev. Mary Ann Kelley

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

Group Song: "God's Love is Deep Within"..... p. 62

Center Events

Music performed by: Ann del Amo

Inspirational Reading Rev. Mary Ann Kelley

"Accepting Our Mother's Love"

Rev. Brigitte Heimers

Offering of Tithes and Gifts



Blessing of the Offering: I am blessed with my Mother's Love as it flows through me creating infinite supply. I joyfully give back to God through the Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

Meditation Music performed by: Ann del Amo

Meditation and Silence

Affirmation for the coming week: I accept the love my Mother has given me and allow it to fill my heart with joy and peace each day.

Closing Song: "Love Is the Only Power"p. 17



Happy Mothers' Day! May 12, 2019

Usher/Video: Kathy Tirpak

Service Leader: Rev. Brigitte Heimers

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

Group Song: "Count Your Blessings" p. 49

Center Events

Music performed by: Marvin Dillard

Inspirational Reading Rev. Brigitte Heimers

"Mother's Day Blessings"

Rev. Elizabeth Brabant

Offering of Tithes and Gifts



Blessing of the Offering: I am blessed with my Mother's Love as it flows through me creating infinite supply. I joyfully give back to God through the Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

Meditation Music performed by: Marvin Dillard

Meditation and Silence

Affirmation for the coming week: I give joyful thanks for each and every blessing from my Mother.

Closing Song: "Love Is the Only Power"p. 17

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Making the decision to have a child – it's momentous. It is to decide forever to have your heart go walking around outside your body. – Elizabeth Stone

Sunday Celebration Service! May 19, 2019

Usher/Video: Tim Parr

Service Leader: Rev. Elaine Fuller-Zachey

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

Group Song: "Healed and Lifted" p. 28

Center Events

Music performed by: Rev. Richard Musil

Inspirational Reading Rev. Elaine Fuller-Zachey

"The Healing Power of Mother's Love"

Rev. Mary Ann Kelley

Offering of Tithes and Gifts



Blessing of the Offering: I am blessed with my Mother's Love as it flows through me creating infinite supply. I joyfully give back to God through the Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

Meditation Music performed by: Rev. Richard Musil

Meditation and Silence

Affirmation for the coming week: I know the magnificent power and presence of my Mother's love.

Closing Song: "Love Is the Only Power"p. 17

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Sunday Celebration Service! May 26, 2019

Usher/Video: Kathy Tirpak

Service Leader: Rev. Brigitte Heimers

Meditation Song: "We Are One" p. 28

Opening Meditation

Greetings

Prayer Demonstrations

Prayer RUCAT Card: Fill out prior to meditation

Group Song: "God of Love" p. 1

Center Events

Music performed by: Ann del Amo

Inspirational Reading Rev. Brigitte Heimers

"Celebrating God's Love in Our Human Mother"
Rev. Elaine Fuller-Zachey

Offering of Tithes and Gifts



Blessing of the Offering: I am blessed with my Mother's Love as it flows through me creating infinite supply. I joyfully give back to God through the Teaching of the Inner Christ.

Music: "Lord I Do Give Thee Thanks"p. 74

Prayer RUCAT Card: Take into meditation

Meditation Music performed by: Ann del Amo

Meditation and Silence

Affirmation for the coming week: I celebrate God's Love through my human Mother. It is a love that is unconditional and limitless.

Closing Song: "Love Is the Only Power "p. 17

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**Great things happen when I believe.
I bee-lieve I can succeed.
What my mind can beelieve, I can achieve!**



FYI: by Jeannette
Be Happy!



Habits of Happy People

1. Ignore nonsense
2. Talk less
3. Learn new skills
4. Laugh
5. Wake up early
6. No entitlement



Be fearless in the pursuit of what sets your soul on fire.

Life is short. Choose happiness.

If it doesn't make you feel fabulous:
don't do it, don't buy it, don't keep it.



WHATEVER YOU DECIDE
TO DO, MAKE SURE IT
MAKES YOU HAPPY.

DO WHAT MAKES YOUR
SOUL SHINE.



You deserve to BE HAPPY. You
deserve to live a life you feel
HAPPY about – NEVER allow
others to make you forget that.

Do MORE of what MAKES you
HAPPY.

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FYI: by Jeannette

Setting Goals – Springing into Action!

The best way to move forward and meet the goals you set for yourself? Keep one eye looking back.

Remembering where we came from is an important part of committing to an active, healthy life. And those thoughts are even more important when the attention our determination begins to fade. As you (and others!) begin to accept your new outlook on life, that's when it becomes tempting to slip into old habits.

"When you're no longer focusing on how important your goals are to you, that's when you might start to get sloppy about keeping on track.

How can we celebrate the great successes in our life unless we also appreciate the failures and what we've learned from them."

Try using the following as reminders of your own journey:

- At least once a week, admire the steps that you have taken toward achieving your goal. Tell yourself how much better you feel about what you have done, how much closer you are to achieving your goal, and how much better the clarity is on how to achieve that goal. There may be steps that you change as you gain more clarity.
- Celebrate the anniversary of reaching each goal.
- Keep a journal of small successes. Log such accomplishments as, "I joined an exercise class today," or "I walked . . . (fill in how far) today."
- Identify your supporters and your saboteurs. We want to hang out with people who uplift us, avoid the saboteurs.
- Ask for feedback. Graciously accept the positive commentary and commit it to memory, so you can mentally call upon that warmth when you need it later.

I joined Weight Watchers over a year ago. The camaraderie of the people there, who understand the trials of being overweight, gives me new focus for the coming week."

T.I.C. Is Here For You

An Inner Christ Counseling (ICC) assists you in contacting your Inner Christ, clarifying your life purpose, and verifying your spiritual experiences.

An ICC is a channeling session with your own Inner Christ, assisted by two Inner Christ counselors. To schedule an Inner Christ Counseling (ICC), contact one of the ministers, leader teachers/Inner Christ counselors, or prayer therapists/ICC and an appointment will be arranged for you.

Prayer Therapy sessions assist you in clarifying your desires, healing false beliefs that cause problems in your life, and manifesting your good through prayer. The ministers, leader teachers and prayer therapists listed are available for interviews and prayer work by appointment.

The T.I.C. Prayer Circle is composed of ministers, leader teachers, and prayer therapists who meet weekly to pray for any person who requests prayer. Fill out a prayer request form and place it in the prayer box at our Center. A donation is appreciated and may be enclosed.



Telephone prayer requests & taped message:
Dial - A - Healing 24/7 (619) 588-4455

Prayer Circle Leader: Rev. Elizabeth Brabant (858) 451-0031

The Prayer Circle will pray for you for two weeks, and is happy to renew your request until you have a complete demonstration.

World Healing Ministry: Rev. Mary Ann Kelley (619) 200-3639
(for people not near a T.I.C. Center) (800) 201-6722

Prayer Therapists and Counselors

All ministers, leader teachers and prayer therapists are licensed by T.I.C. and adhere to an established Code of Ethics. They understand and use the principles of Spiritual Mind Healing safeguards for pure channeling, and have clear contact with their own Inner Christ.

Teaching of the Inner Christ Center	(619) 447-7007
Fax	(619) 447-7009
Rev. Kayla Rose Carroll, Pastor, M.M.S.	(619) 447-7007
Rev. Elizabeth Brabant, M.A., M.M.S.	(858) 451-0031
Rev. Elaine Fuller-Zachey, M.A., M.M.S.	(619) 263-8383
Rev. Brigitte Heimers, Ph.D., M.M.S.	(619) 464-1216
Rev. Mary Ann Kelley, M.B.A, M.M.S.	(619) 200-3639
Rev. Richard Musil, M.M.S. (retired).....	(619) 584-2244
PT/ICC Jennifer Allen-Prather	(619) 305-3560

Visit our Website www.teachingoftheinnerchrist.com

Teaching of the Inner Christ

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Address Correction Requested



The Teaching of the Inner Christ (T.I.C.) is a non-profit, non-denominational spiritual teaching which helps you to contact and experience your True Self, your God Center, your "Christ Self" within, which is your own individual inner spiritual identity.

www.teachingoftheinnerchrist.com

We thank our WONDERFUL POSTAL SERVICE and all those
who care for our mail from start to finish!!

We are TRULY grateful for all you do.

Thank You! Thank You! Thank You!