## TEACHING OF THE INNER CHRIST 1114 N. Second Street (1100 Bldg.)

El Cajon, CA 92021-5008

Office: 619-447-7007 / Fax: 619-447-7009



## September, 2019

### Trusting the Process

By PT/ICC Jennifer Allen-Prather

Don't you sometimes wish that you could wiggle your nose like Samantha the witch on the TV show "Bewitched" and receive whatever it is that you are wishing for now? There have been times that I wanted a new car or a slimmer body or a different job and I wanted those things to happen immediately! Sometimes, if we really believe that we can be or have whatever we are wishing for immediately, it can happen that way (cont. pg. 3).



God gives each of us the opportunity to begin again, to choose anew our activities, our world view and our interactions.

So often we think we are choosing, when actually we are on automatic pilot. Instead of allowing our "Inner Pilot Light" to guide us, we slip onto the roads most traveled. Our Inner Pilot Light is always on and available in the silence of our hearts.

When we embrace the silence in prayer and meditation, it invites the Inner Self to hear what our soul is whispering.

When we choose to slow down and appreciate all the love and beauty that surrounds us, we bring even greater expression of love and beauty outpicturing in our lives. Whatever we are grateful for expands -- just as what we give energy to increases.

So...when we lift our heads off our pillows in the morning, let's choose all the vitality the day has to offer, with deep appreciation that we have awakened and have another great day to enjoy love, beauty and joy.

Hugs,

Loss

08

Rev. Kayla Rose Carroll

Affirmation: How grateful I am to recognize that all my needs are met. I choose this day life, love and appreciation. AND SO IT IS!

<u>July 2019</u> Income \$3173.39 Expenses -<u>\$4139.41</u>

(\$ 966.02)

We genuinely appreciate your financial support.

Please remember, if you are absent we are still here, and with your continuous financial support, we always will be.

#### Trusting the Process (cont. from cover)

But for most of the time, for many of us, that does not happen and we have to WAIT for our desire to manifest.

This is where God comes in. God knows the way all things need to go for a harmoniously run Universe. God has the full picture and we don't. But sometimes I forget that fact and think that I am separate from God and I am the one in control of the process. Oh boy, that can get me in hot water sometimes!

Several years ago, in the early 1980's, I was working in a job that I disliked intensely. I disliked it so much that I caused my back to go out. I quit this job after only a few months not knowing how I was going to be supported. Where I was working was right next to a temporary employment service. I walked into that service, was taking a test, and right while I was taking that test, a call came in for a job in La Jolla and I got it right away. It just so happened at this time that Dr. Ann Meyer (later to be Dr. Ann Meyer Makeever) had offered me a job as executive secretary for the Teaching of the Inner Christ (T.I.C.). The position was in three months, and my temporary job in La Jolla was three months long.

I have since learned that I need to trust God's process, just as I trust that the sun will rise in the morning and a garden will produce food and flowers. Just because I can't see in advance what will happen to me, I know that I must trust the unfoldment or the process. Sometimes it may take a while for the manifestation to happen in the Universal "soup." This takes faith and patience.

I am so grateful every day for my association with the Teaching of the Inner Christ and I thank God for T.I.C. and the tools we learn in classes for healing, meditating and praying.

May we all grow in our awareness of God in our lives and trusting God's process as always unfolding for our best and highest learning.

Love and Light,



Come to the last wrap-up workshop based on the book "The Four Laws of Prosperity" on Sun., Sept. 15, 2019 at 12:15 p.m., led by Rev. Mary Ann Kelley.

#### <u>Coming in November –</u>

#### Paint Pour Workshop

Sunday, November 17, 2019
All supplies furnished. \$17.00 person.
Led by Rev. Elaine Fuller-Zachey



## Awareness Day – October 20, 2019 Potluck Luncheon

October 20 – After service T.I.C. will be supplying cake and sandwiches – feel free to bring any other dishes.



The Oneness Kirtan Band from Orange County will again be playing at the Awareness Day Celebration on Oct. 20th!

Kirtan is the ancient art of singing as meditation. It is based on mantras that have strong energetic and vibrational components and serve as a bridge to higher consciousness. Kirtan is a very simple and powerful way to meditate. It's effortless and joyful: the music does the work for you. Kirtan is a means of finding our way back to the core of our Being, to our hearts, and to our connection with all of Life.

The Oneness Kirtan Band will be giving us the experience of kirtan music and sharing chants created especially for T.I.C.!

This is such an AWESOME way to celebrate Awareness Day!!

ABOUT 2020 SPIRITUAL CELEBRATION!

Spiritual Celebration is always an awesome inspiring, joy-filled experience. There will be lots of music, dancing, joyshops, laughter and inspiring talks. There will also be Love Power Circles and plenty of reflection time. The food, by Chef Charity, is the best! There are several entree items at each meal to pick from, with hot out-of-the-oven delicious desserts and homemade ice cream. If you are vegan or vegetarian Chef Charity will accommodate you, just let us know on your seminar registration. Those who could not come this year may want to start thinking about coming next year, June 18-21, 2020. The theme is: "Radiating Love." You don't want to miss out on the fun next year.

You can set up a payment plan now for next year . . . the sooner you do this the less the payment amounts will be.

If you find later that you have a conflict with the date and can't attend, contact T.I.C. and all of your donations, with the exception of the \$75 down payment will be refunded. For more information, please call: (619) 447-7007.



- 1 Love Power Circle
- 8 LBR/IBA 12:15 p.m.
- 15 Prosperity Workshop #5 12:15 p.m.
- 22 Potluck
- 29 ALL MUSIC SUNDAY

Birthday Sunday - Bring a Friend



#### **BOOKSTORE**

FEATURED BOOK THIS MONTH • 20% Discount!

Yes! You Can Do This! - Charting Your Way to Health, Wealth & Success

By: G. Arthur Hammons

Regularly \$13.95 less 20% = \$2.79 + tax = \$12.08





G. Arthur Hammons

Yes! You Can Do this! Charting Your Way To Health, Wealth & Success will help you expand the way you think about your potential while inspiring you to bravely go into unexplored territory, make great discoveries about yourself and develop new awareness that will upgrade your life. You will be inspired by practical ideas and guidance, heartwarming stories and illustrations. This book is like a treasure chest filled with maps that will show you the way to set and accomplish your goals and increase your own health, wealth and success!



SUN	MON	TUE	WED	THU	FRI	SAT
Celebration 10:30 a.m. Love Power Circle 12:15 p.m.	2	3	4	5 IST Lesson #9 1:00 PM	6	7
8 Celebration 10:30 a.m. LBR/IBA 12:15 p.m.	9	10	11	12 IST Lesson #10 1:00 PM	13	14
15 Celebration 10:30 a.m.  Prosperity Workshop 12:15 p.m.	16	17	18	19 IST Lesson #11 1:00 PM	20	21 Henry's Beach BBQ
22 Celebration 10:30 a.m. Potluck	23	24	25	26 IST Lesson #12 1:00 PM	27	28 Henry's Beach BBQ
29 Celebration 10:30 a.m. All Music Sunday Service Birthday Sunday	30		& BBQ or	ry Jones fo n Sept. 21s tails at 619	t & 28th	. Call for

Sunday Celebration Service! September 1, 2019

Usher/Video: Kathy Tirpak

Service Leader: Cathryne Bruce-Johnson
Meditation Song: "We Are One" p. 28
Opening Meditation Greetings
Prayer Demonstrations Prayer RUCAT Card: Fill out prior to meditation
Group Song: "God's Love is Deep Within" p. 62
Center Events
Music performed by: Ann del Amo
Inspirational Reading Cathryne Bruce-Johnson
"Trusting the Process" Rev. Mary Ann Kelley
Offering of Tithes and Gifts
Blessing of the Offering: I go where God leads me and I am an open vessel to receive more riches and fulfillment right here and right now!
Music: "Lord I Do Give Thee Thanks"p. 74
Prayer RUCAT Card: Take into meditation
Meditation Music performed by: Ann del Amo Meditation and Silence
Affirmation for the coming week: I embrace my life, knowing that the Universe is now supporting me in whatever I wish to do. I trust God's process!
Closing Song: "Love Is the Only Power"p. 17



"Pray, and let God worry."

— Martin Luther

Sunday Celebration Service! September 8, 2019

Usher/Video: Jennifer Allen-Prather

Service Leader: Rev. Elaine Fuller-Zachey	
Meditation Song: "We Are One" p. 2	28
Opening Meditation Greetings	
Prayer Demonstrations Prayer RUCAT Card: Fill out prior to meditation	
Group Song: "I Believe" p. 4	19
Center Events	
Music performed by: Marvin Dillard	
Inspirational Reading Rev. Elaine Fuller-Zachey	
"God Knows Best" Rev. Brigitte Heimers	
Offering of Tithes and Gifts	
Blessing of the Offering: I go where God leads me and I am an open vessel to receive more riches an fulfillment right here and right now!	
Music: "Lord I Do Give Thee Thanks"p. 7	74
Prayer RUCAT Card: Take into meditation	
Meditation Music performed by: Marvin Dillard Meditation and Silence	
Affirmation for the coming week: I embrace my life, knowing that the Universe is now supporting me in whatev I wish to do. I trust God's process!	er
Closing Song: "Love Is the Only Power"p. 1	7
"When God takes out the tra	sh,



"When God takes out the trash, don't go digging back through it. Trust Him." — Amaka Imani Nkosazana, *Heart Crush* 

Sunday Celebration Service! September 15, 2019

#### Usher/Video: Tim Parr Service Leader: Rev. Brigitte Heimers

Meditation Song: "We Are One" p. 28
Opening Meditation Greetings
Prayer Demonstrations Prayer RUCAT Card: Fill out prior to meditation
Group Song: "I'm Gonna Sing" p. 46
Center Events
Music performed by: Richard Musil
Inspirational Reading Rev. Brigitte Heimers
<b>"I Want it Now!"</b> Rev. Elizabeth Brabant
Offering of Tithes and Gifts
Blessing of the Offering: I go where God leads me and I am an open vessel to receive more riches and fulfillment right here and right now!
Music: "Lord I Do Give Thee Thanks"p. 74
Prayer RUCAT Card: Take into meditation
Meditation Music performed by: Richard Musil Meditation and Silence
Affirmation for the coming week: I embrace my life, knowing that the Universe is now supporting me in whatever I wish to do. I trust God's process!
Closing Song: "Love Is the Only Power"p. 17
"You say to God, "I have never seen you provide for me." God says to you, "You have never trusted Me."



"You say to God, "I have never seen you provide for me."
God says to you, "You have never trusted Me."
— Corallie Buchanan, Watch Out! Godly Women on the
Loose

Sunday Celebration Service! September 22, 2019

Usher/Video: Kayla Rose Carroll Service Leader: Rev. Mary Ann Kelley
Meditation Song: "We Are One" p. 28
Opening Meditation Greetings
Prayer Demonstrations Prayer RUCAT Card: Fill out prior to meditation
Group Song: "Faith Unlocks the Door" p. 72
Center Events
Music performed by: Ann del Amo
Inspirational Reading Rev. Mary Ann Kelley
<b>"Listen, Be Patient, Pray"</b> Rev. Elaine Fuller-Zachey
Offering of Tithes and Gifts
Blessing of the Offering: I go where God leads me and I am an open vessel to receive more riches and fulfillment right here and right now!
Music: "Lord I Do Give Thee Thanks"p. 74
Prayer RUCAT Card: Take into meditation
Meditation Music performed by: Ann del Amo Meditation and Silence
Affirmation for the coming week: I embrace my life, knowing that the Universe is now supporting me in whateve I wish to do. I trust God's process!
Closing Song: "Love Is the Only Power"p. 17
"Let your life reflect the faith you have in God



Fear nothing and pray about everything. Be strong, trust God's word, and trust the process."

- Germany Kent

Sunday Celebration Service! September

#### 29, 2019

Usher/Video: Judy Holmes Service Leader: PT/ICC Jennifer Allen-Prather

Meditation Song: "We Are One" ...... p. 28

Opening Meditation Greetings

**Prayer Demonstrations** 

Prayer RUCAT Card: Fill out prior to meditation

# All Music Service with T.I.C. Talents Galore

(See separate program)

"Music is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination, and charm and gaiety to life and to everything." -- Plato







#### T.I.C. Is Here For You

An Inner Christ Counseling (ICC) assists you in contacting your Inner Christ, clarifying your life purpose, and verifying your spiritual experiences.

An ICC is a channeling session with your own Inner Christ, assisted by two Inner Christ counselors. To schedule an Inner Christ Counseling (ICC), contact one of the ministers, leader teachers/Inner Christ counselors, or prayer therapists/ICC and an appointment will be arranged for you.

**Prayer Therapy sessions** assist you in clarifying your desires, healing false beliefs that cause problems in your life, and manifesting your good through prayer. The ministers, leader teachers and prayer therapists listed are available for interviews and prayer work by appointment.

The T.I.C. Prayer Circle is composed of ministers, leader teachers, and prayer therapists who meet weekly to pray for any person who requests prayer. Fill out a prayer request form and place it in the prayer box at our Center. A donation is appreciated and may be enclosed.



#### Telephone prayer requests & taped message:

Dial - A - Healing 24/7 (619) 588-4455

Prayer Circle Leader: Shared Leadership

The Prayer Circle will pray for you for two weeks, and is happy to renew your request until you have a complete demonstration.

World Healing Ministry: Rev. Mary Ann Kelley (619) 200-3639 (for people not near a T.I.C. Center) (800) 201-6722

#### **Prayer Therapists and Counselors**

All ministers, leader teachers and prayer therapists are licensed by T.I.C. and adhere to an established Code of Ethics. They understand and use the principles of Spiritual Mind Healing safeguards for pure channeling, and have clear contact with their own Inner Christ.

Teaching of the Inner Christ Cen	(619) 447-7007	
F	<sup>-</sup> ах	(619) 447-7009
Rev. Kayla Rose Carroll, Pastor, I	М.М.S	(619) 447-7007
Rev. Elizabeth Brabant, M.A., M.	M.S	(858) 451-0031
Rev. Elaine Fuller-Zachey, M.A.,	M.M.S	(619) 263-8383
Rev. Brigitte Heimers, Ph.D., M.M	.S	(619) 464-1216
Rev. Mary Ann Kelley, M.B.A, M.	M.S	(619) 200-3639
Rev. Richard Musil, M.M.S. (retir	ed)	(619) 584-2244
PT/ICC Jennifer Allen-Prather	(619) 305-3560	

Visit our Website www.teachingoftheinnerchrist.com



EL CAJON, CA 92021-5008 619-447-7007 Address Correction Requested Teaching of the Inner Christ

1114 N. 2ND ST (1100 Bldg.)

We thank our WONDERFUL POSTAL SERVICE and all those who care for our mail from start to finish!!

We are TRULY grateful for all you do.

Thank You! Thank You! Thank You!

