



## TEACHING OF THE INNER CHRIST

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## December, 2020

### *Celebrate the Birth of Jesus, the Exemplar Christ*

*By Rev. Elaine Fuller-Zachey*

The star that guided the three wise men and the shepherds to the newborn Jesus Christ is the light that today points to our own Christ Light. Our realization of our Christ nature is in parallel with Jesus' birth. He was born in reverent, focused silence as is the blossoming of our own Christ awareness. Neither is heralded by huge, noisy parties or parades. My own Christ awareness and communication occurs privately and silently. (continued on pg. 2).



## *Celebrate the Birth of Jesus, the Exemplar Christ ...*

(continued from cover)

Jesus, who knew He was the Son of God, communicated with God. We are also members of God's "sonship", or individual expressions of God, as Jesus. God, the Oneness which is Perfection Everywhere Now, expresses God's Self in, around, through and as all of creation. That means each of us, including you and me. When I am in a state of God consciousness, I feel that high, sweet vibration.

As members of The Teaching of the Inner Christ (T. I. C.) we can see Jesus as God's gift of Truth, as the "wayshower Christ". In the Holy Bible, John 14:12, Jesus tells us, "He who believes in me shall do the works which I do; and even greater." When I call on my Inner Christ, Jesus in prayer to lift, enlighten, heal and manifest, I can see it in action.

I accept my own Christ connection and I encourage you to experience your own. Let's all act with T. I.C. to realize our own Christhood, our own God Nature. Let's live it, rejoice in it, and call on it for guidance and knowledge in many ways. Let's all remember to thank the Christ nature within us and to thank God. Let's all celebrate with wonder and joy our own Inner Christ as Mary and Joseph accepted the birth of Jesus.

Rev. Elaine Fuller-Zachey

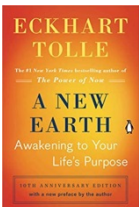
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## BOOKSTORE



**FEATURED BOOK THIS MONTH • 20% Discount!**

### **"A New Earth – Awakening to Your Life's Purpose"** by Eckhart Tolle



**~~\$14.00~~ Now \$11.20+ Tax (\$.92) = \$12.12**

Illuminating, enlightening, and uplifting. A New Earth is a profoundly spiritual manifesto for a better way of life—and for building a better world.



I came across a booklet that T.I.C. published back in the 70s entitled “The New Age Thought.” In the December 1972 issue I found this Christmas message written by our co-founder Dr. Ann Meyer-Makeever and I share it here with all of you. Enjoy a Merry Christmas.

*WHITE LIGHT*, by Ann P. Meyer, D.D. (1972)

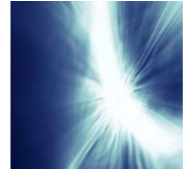
“There is one thing which seems to symbolize more than any other – the Christmas season. It is the lights – lights everywhere, lights of all colors decorating business buildings, homes, parks, city streets, and places of worship. Electric lights, candles, Christmas tree light, lights of all kinds.

And all of this decorative and beautiful light at Christmas time represents the spiritual light, the light of God, which is within every one as the Christ. In the Gospel, according to Saint John we find the words: “In Him was life, and the life was the light of men. The light shines in the darkness and the darkness has not overcome it.”

What is spiritual light? Mystics and spiritual leaders through the ages have seen light during moments of revelation. They often say, “I saw a great light!”. The apostle Paul, on the road to Damascus, saw a light so bright that it temporarily blinded him. Many persons have, during a deep meditation, suddenly seen an inner light. Sometimes light appears as brilliant white, sometimes gold, purple, blue, or another color. Sometimes it is tiny lights or stars. It may take the form of a white mist seen with the outer eyes, or a fiery white light so brilliant that one cannot see anything else for a moment. Light can appear in visions. I have seen (with the inner sight) it take a form of a flash in the sky, or lightning, stars, or even headlights on automobiles, or electric light bulbs. People sometimes say, “I see the light” when they have reached a new understanding of something. People often do actually see the light, when some new insight is given by Spirit into their human minds. (continued on page 4)



Because light always signifies enlightenment or illumination, if you ever experience the seeing of light, a light, or lights (not a physical light but a spiritual light coming from no physical cause), it means that you have received enlightenment upon some particular subject. Some problem on which you have been working has received a solution in your deep mind, or something for which you have been praying is now definitely on the way to manifestation.



Light is spiritual Truth. The “White Light” or “Christ Light” is really a feeding of spiritual Truth into the human level of life. Each of us has a center of light (Truth) within ourselves, a resource of Truth which we can tap for wisdom, healing and guidance. Each has the Christ light shining with his deeper nature. Each of us is a light which shines into the universe.”

Because this has been a special kind of year, I thought this would remind us of all our Light and how special it is to all of us. Have a very Merry Christmas to all.

**Affirmation: I thank God for my individual unique gift of life and the opportunity to spread my Light everywhere I go. I express peace, harmony, health, prosperity, joy and love. Thank you, wonderful God,, for all my blessings you have bestowed upon me. And so it is.**

Love, Kayla Rose 



*We genuinely appreciate your financial support.*

*Please remember. . .*

If you are absent we are still here, and with your continuous financial support, we always will be.

October 2020

Income	\$ 3886.35
Expenses	<u>-\$ 4561.85</u>
<b>Net Loss</b>	<b>-\$ 675.50</b>



Gratitude is attitude. (from the internet)

Having gratitude for all that is good in our lives is an attitude to life that we all should adopt. If we focus on the things that are missing, we lose out on what we do have. This Christmas, take some time to consider what you're grateful for, in a very real way that reminds you of the stuff that counts. With that attitude in mind, you'll feel a lot happier about Christmas, without that happiness depending on parties, sparkly things and expensive yet forgettable presents.



## What's Happening at Our Center!

December 2020



- 4 Love Power Circle – 5:30 p.m. (Friday) online
- 6 T.I.C. presents: ***“Christmas Miracles”***  
Virtual online Christmas Program and  
Candle Lighting - 4 p.m.
- 13 Sunday Celebration
- 20 IBA Meeting – 11:50 a.m.
- 24 Zoom Online Christmas Eve Service – 3 p.m. (Thursday)  
Led by: Rev. Mary Ann Kelley
- 27 Sunday Celebration
- 31 New Year's Eve Releasing Service Online –  
3 p.m. (Thursday)



(Contact Rev. Mary Ann Kelley at [makelley100@gmail.com](mailto:makelley100@gmail.com) to reserve your spot for all online events.)



# DECEMBER 2020



SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4 Love Power Circle – 5:30 pm Online	5
6 Online Christmas Program 4 p.m. 	7	8	9	10	11	12
13 Celebration 10:30 a.m.	14	15	16	17	18	19
20 Celebration 10:30 a.m. LBR/IBA 11:50 a.m.	21	22	23 	24 Online Christmas Eve Service 3 p.m.	25 Christmas Day 	26
27 Celebration 10:30 a.m.	28	29	30	31 New Year's Eve Releasing Service-Online 3 p.m. 		



Come to the  
*New Year's Eve Releasing Service*  
 Tuesday - December 31<sup>st</sup>  
 3:00 p.m.  
 Led by Rev. Mary Ann Kelley



"Christmas isn't just a day; it's a frame of mind."  
 - Valentine Davies, "Miracle on 34th Street."



The Teaching of the Inner Christ  
Presents



***“Christmas Miracle”***  
and  
***Candle Lighting Service***

**Sunday, December 6, 2020**  
**4:00 p.m.**

A New, Virtual  
Christmas Program  
and Candle Lighting  
Service



Filled With Lots of Music  
and  
Joy-filled Short Stories

**ALL ARE WELCOME!!**

*To reserve your place on Zoom online, please contact Rev. Mary Ann Kelley at  
[makelley100@gmail.com](mailto:makelley100@gmail.com)*

The Teaching of the Inner Christ  
Presents via Zoom  
*The Birth of the Inner Christ*  
CHRISTMAS EVE SERVICE  
December 24, 2020 at 3:00 p.m.



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## NEW YEAR'S RELEASING SERVICE



**December 31, 2020 at 3:00 p.m.**

Spend an hour with us as we releasing those things that no longer serve us, forgive seeming past hurts, forgive ourselves for seeming shortcomings, and set intentions for our New Year

**To reserve your place on Zoom online, please contact Rev. Mary Ann Kelley at [makelley100@gmail.com](mailto:makelley100@gmail.com)**



***Sunday Candle Lighting Service!*** December 6, 2020  
Join us online at 4:00 p.m. for:  
(Our regular Sunday service at 10:30 a.m. will not be held as we  
are celebrating with our candle lighting service).

***“Christmas Miracle”***  
and  
***Candle Lighting Service***  
**Sunday, December 6, 2020**  
**4:00 p.m.**

**A New, Virtual Christmas Program  
and Candle Lighting Service**



"Christmas will always be as long as  
we stand heart to heart and hand in  
hand." - Dr. Zeuss

# Sunday Celebration Service! December 13, 2020

Usher/Camera: Jennifer Allen-Prather  
Service Leader: Rev. Elaine Fuller-Zachey

**Meditation Song: "We Are One"** ..... p. 28

Opening Meditation  
Greetings

Prayer Demonstrations  
Prayer Request Form: Fill out prior to meditation

**Group Song: "Oh Little Town of Bethlehem"** ..... p. 9

Center Events

**Music performed by:** Sarah Z

Inspirational Reading ..... Rev. Elaine Fuller-Zachey

**"Who is the Christ?"**  
Rev. Elizabeth Brabant

## Offering of Tithes and Gifts

**Blessing of the Offering:** The Christ in us gives to us and we give back to the Christ.

**Music: "Lord I Do Give Thee Thanks"**..... p. 74

**Prayer Request Form Reading: Take into meditation**

**Meditation Music performed by:** Sarah Z

Meditation and Silence

**Affirmation for the coming week:** That same star that guided worshippers to newborn Jesus guides each of us to our Inner Christ.

**Closing Song: "Love Is the Only Power"** ..... p. 17



"Teacher says every time a bell rings,  
an angel gets his wings."  
- Zuzu Bailey, "It's a Wonderful Life"

# Sunday Celebration Service! December 20, 2020

Usher/Camera: Tim Parr

Service Leader: Rev. Elaine Fuller-Zachey

**Meditation Song: "We Are One" ..... p. 28**

Opening Meditation

Greetings

Prayer Demonstrations

Prayer Prayer Request Form: Fill out prior to meditation

**Group Song: "Hark the Herald Angels Sing" ..... p. 1**

Center Events

**Music performed by:** Richard Musil

Inspirational Reading ..... Rev. Elaine Fuller-Zachey

**"The Gift That is Jesus"**

Rev. Elaine Fuller-Zachey

## Offering of Tithes and Gifts

**Blessing of the Offering:** The Christ in us gives to us and we give back to the Christ.

**Music: "Lord I Do Give Thee Thanks" ..... p. 74**

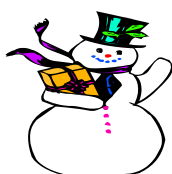
**Prayer Request Form Reading: Take into meditation**

**Meditation Music performed by:** Richard Musil

Meditation and Silence

**Affirmation for the coming week:** That same star that guided worshippers to newborn Jesus guides each of us to our Inner Christ.

**Closing Song: "Love Is the Only Power" ..... p. 17**



"Just remember, the true spirit of Christmas lies in your heart."

- The Polar Express

**Sunday Celebration Service! December 27, 2020**

Usher/Camera: Kayla Rose Carroll

Service Leader: LT/ICC Jennifer Allen-Prather

**Meditation Song: "We Are One" ..... p. 28**

Opening Meditation

Greetings

Prayer Demonstrations

Prayer Request Form: Fill out prior to meditation

**Group Song: "Silent Night" ..... p. 07**

Center Events

**Music performed by:** Ann del Amo

Inspirational Reading ..... LT/ICC Jennifer Allen-Prather

**"Our Gratitude for Christ Enlightenment"**

Rev. Mary Ann Kelley

**Offering of Tithes and Gifts**

**Blessing of the Offering:** The Christ in us gives to us and we give back to the Christ.

**Music: "Lord I Do Give Thee Thanks" ..... p. 74**

**Prayer Request Form Reading: Take into meditation**

**Meditation Music performed by:** Ann del Amo

Meditation and Silence

**Affirmation for the coming week:** That same star that guided worshippers to newborn Jesus guides each of us to our Inner Christ.

**Closing Song: "Love Is the Only Power" ..... p. 17**



"Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful."  
- Norman Vincent Peale





## Christmas Notes

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## T.I.C. Is Here For You

**An Inner Christ Counseling (ICC) assists you in contacting your Inner Christ,** clarifying your life purpose, and verifying your spiritual experiences.

**An ICC is a channeling session** with your own Inner Christ, assisted by two Inner Christ counselors. To schedule an Inner Christ Counseling (ICC), contact one of the ministers, leader teachers/Inner Christ counselors, or prayer therapists/ICC and an appointment will be arranged for you.

**Prayer Therapy sessions** assist you in clarifying your desires, healing false beliefs that cause problems in your life, and manifesting your good through prayer. The ministers, leader teachers and prayer therapists listed are available for interviews and prayer work by appointment.

**The T.I.C. Prayer Circle** is composed of ministers, leader teachers, and prayer therapists who meet weekly to pray for any person who requests prayer. Fill out a prayer request form and place it in the prayer box at our Center. A donation is appreciated and may be enclosed.



**Telephone prayer requests & taped message:**

**Dial - A - Healing 24/7 (619) 588-4455**

**Prayer Circle Leader:** LT/ICC Jennifer Allen-Prather

The Prayer Circle will pray for you for two weeks, and is happy to renew your request until you have a complete demonstration.

**World Healing Ministry:** Rev. Mary Ann Kelley (619) 200-3639  
(for people not near a T.I.C. Center) (800) 201-6722

### ***Prayer Therapists and Counselors***

All ministers, leader teachers and prayer therapists are licensed by T.I.C. and adhere to an established Code of Ethics. They understand and use the principles of Spiritual Mind Healing safeguards for pure channeling, and have clear contact with their own Inner Christ.

Teaching of the Inner Christ Center .....	(619) 447-7007
Fax .....	(619) 447-7009
Rev. Kayla Rose Carroll, Pastor, M.M.S. ....	(619) 447-7007
Rev. Elizabeth Brabant, M.A., M.M.S. ....	(858) 451-0031
Rev. Elaine Fuller-Zachey, M.A., M.M.S. ....	(619) 263-8383
Rev. Brigitte Heimers, Ph.D., M.M.S. ....	(619) 464-1216
Rev. Mary Ann Kelley, M.B.A, M.M.S. ....	(619) 200-3639
LT/ICC Jennifer Allen-Prather .....	(619) 305-3560
Rev. Richard Musil, M.M.S. (retired).....	(619) 584-2244

Visit our Website: [www.teachingoftheinnerchrist.org](http://www.teachingoftheinnerchrist.org)

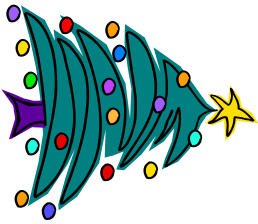
## Teaching of the Inner Christ

1114 N. 2ND ST (1100 Bldg.)  
EL CAJON, CA 92021-5008  
619-447-7007

**Address Correction Requested**

The Teaching of the Inner Christ (T.I.C.) is a non-profit, non-denominational spiritual teaching which helps you to contact and experience your True Self, your God Center, your "Christ Self" within, which is your own individual inner spiritual identity.

[www.teachingoftheinnerchrist.com](http://www.teachingoftheinnerchrist.com)



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For those who cannot attend the T.I.C. services or are outside of the International Center and would like to take one of the T.I.C. courses, please visit us on our website at [www.teachingoftheinnerchrist.org](http://www.teachingoftheinnerchrist.org), to watch our Sunday services or to sign up for Outreach Ministry courses and receive the T.I.C. experience.