

TEACHING OF THE INNER CHRIST  
1114 N. Second Street (1100 Bldg.)  
El Cajon, CA 92021-5008

Office: 619-447-7007 / Fax: 619-447-7009



# September, 2020

## Abundance All Around Us

*By P.T./I.C.C. Jennifer Allen-Prather*

As a child, I remember my Mother making me fresh-squeezed orange juice every day. I relished every drop, but took it for granted that I would receive that delicious elixir daily. We were not especially wealthy, but I always had new shoes when school started in September and some new clothes. (continued p.3)



Recently I've been through some "stuff." Can you relate? I haven't exactly seen the proverbial light at the end of the tunnel, but I have had a bit of a revelation.

I've been praying. Some of the time it's all I've had to hang onto. I couldn't see any movement in the situation I found myself in, but I kept praying anyway. Then the other morning getting ready to go to T.I.C., I watched my two cats curled up cleaning each other and I thought, what love. Later, driving to T.I.C., I noticed a perfect summer day. The trees were green and full, the sky was amazingly blue, and the birds were probably singing (I had the car windows up). Well, you get the picture. Anyway, as I looked out and saw all that and thought, "I love...." That was it---just those two words. I couldn't define the love, or put it in a box or figure what I loved more or loved less. I realized I was a part of it all.

Love led me to the Truth and from that day forward, things started to get better. It was not a big thing; in fact, it was incremental but I knew a shift was happening. I was able to say to myself. "You're all right and everything else is alright too." I was reminded that God is in control. Prayer does work, if you work it. It's like any good technique---use it or lose it. In my mind, to miss a day or two of spending time cultivating God consciousness is not a good idea!

Affirmation: I move into prayer...and stay there. When I look out at the world from that place, it is all GOOD; it is all GOD.

Love and Hugs

*Rev. Kayla Rose Carroll*



July 2020

Income \$4084.70  
Expenses **\$5823.83**  
Loss \$1739.13

Year to date July 2020

Income \$35426.56  
Expenses **\$33239.81**  
Profit \$ 2186.75

*We genuinely appreciate your financial support.*

*Please remember, if you are absent we are still here, and with your continuous financial support, we always will be.*

## Abundance All Around Us (continued from cover)

As I look back, God has always provided for me and my family, and for that I am very grateful. I remember at certain times when I felt lack and/or limitation, a very wise person told me to look at all of the leaves on the trees, all of the grains of sand on the beach, all the strands of hair on my head, and that God is more abundant than even all of those.

Here, at the Teaching of the Inner Christ, we recognize that our abundance is not somewhere “out there” but the Source of all good, including health, wealth, fulfillment and quality of life. These gifts are right within us if we just listen in meditation for guidance and right choices.

We are very blessed to live in such an abundant place as San Diego. Let’s tune in to God’s bounty of good all around us and give thanks!

Blessings to you all,  
P.T./I.C.C. Jennifer Allen-Prather



**Think abundantly. Energy follows INTENTION.  
Abundance is not something we acquire, it is  
something we TUNE into.**



# A story of abundance by Peter Shepherd

“I recently heard a story that reframed the noodles in my head quicker than any other.

There was a group of tourists out on a raft, lost off the coast of Brazil.

They'd been out there for hours in the sweltering hot sun and had run out of food and water.

They were panicking, arguing and bickering about what to do.

Eventually they all perished.

The most tragic part? The water they were floating on turned out to be fresh.

That they were surrounded by everything they needed.  
And the same can be said of anyone reading this.

That we're surrounded by joy, laughter and love.

We're surrounded by generosity, empathy and compassion.

We're surrounded by truly amazing people, doing truly amazing things.

We need only choose to look for it, to see it and to acknowledge it.”





Just a reminder:

The Teaching of the Inner Christ Prayer Circle is always available to pray for local San Diego residents on prayer requests for two weeks and, if needed, another two weeks, etc. The Prayer Circle can be accessed by the website at: [www.teachingoftheinnerchrist.org](http://www.teachingoftheinnerchrist.org) and click on "Donation" (no donation is required, a "0" can be entered, but if you choose, you may give to the Prayer Circle along with your request).

Or you may e-mail the T.I.C. International Center at: [tic@ticlovetpower.com](mailto:tic@ticlovetpower.com);

Or you may call in your prayer request at:  
619-447-7007

The Prayer Circle meets every Wednesday and always appreciates reports of prayer manifestations, or updates.

## ***ABOUT 2021 SPIRITUAL CELEBRATION!***

Spiritual Celebration, "Radiating Love", June 18 -21, 2021 will be an awesome inspiring, joy-filled experience with lots of music, dancing, joyshops, laughter and inspiring talks. There will be Love Power Circles and plenty of reflection time. The food, by Chef Charity is the best. There are several entree items at each meal to pick from, with hot out-of-the-oven delicious desserts and homemade ice cream. If you are vegan or vegetarian, Chef Charity will accommodate you -- just let us know on your seminar registration. Since we could not attend this year, you may want to start thinking about coming next year-June 18-21, 2021. You don't want to miss out on the fun next year.



You can set up a payment plan now for next year . . . the sooner you do this the less the payment amounts will be.

If you find later that you have a conflict with the date and can't attend, contact T.I.C. and all of your donations, with the exception of the \$75 registration fee will be refunded. For more information, please call: (619) 447-7007.





**Our T.I.C Family acknowledges Marvin Dillard  
who passed over on June 2, 2020.  
He was a valued member of the Teaching of the  
Inner Christ for many years.**



Marvin Dillard's service will be held at Miramar National Cemetery on October 6, 2020, at 11:00 a.m.

If you choose to send a sympathy card, you can send it in care of his daughter, Donna Shirley at:  
1290 Cushman Avenue  
San Diego, CA 92110



# SEPTEMBER

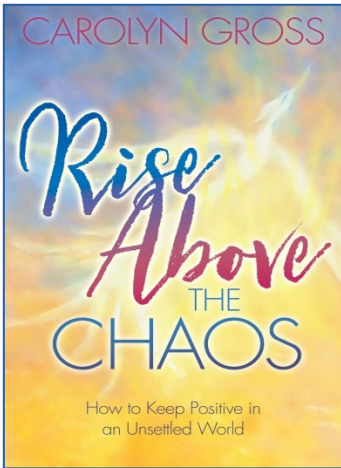
Here's  
What's  
Happening!

- 1 Universal Woman Book Study online 1:00 p.m.
- 6 Love Power Circle 12:15 p.m.
- 13 IBA 12:15 p.m.
- 19 Zooming Together in Spirit online 10:30 a.m.
- 27 Birthday Sunday & Potluck – *Bring a Friend*



## BOOKSTORE

**FEATURED BOOK THIS MONTH • 20% Discount!**



Regularly \$16.95 less 20% =  
\$13.56 + tax = \$14.68

### *Rise Above the Chaos*

*How to Keep Positive in an  
Unsettled World*

By: Carolyn Gross

“Rise Above the Chaos”:

- Provides mental fitness and emotional support
- Offers life exploration methods to determine how stress is affecting one’s health
- Reveals how to identify internal vs. external chaos and how to manage both
- Provides the tools to restore, relax, and renew from stress
- Teaches a long-term approach to inner refinement

# SEPTEMBER

# 2020



SUN	MON	TUE	WED	THU	FRI	SAT
		1 Universal Woman Book Study 1:00 p.m. Online	2	3	4	5
6 Celebration 10:30 a.m. <b>Love Power Circle</b> 12:15 p.m.	7	8	9	10	11	12
13 Celebration 10:30 a.m. <b>LBR/IBA</b> 12:15 p.m.	14	15	16	17	18	19 <b>Zooming Together in Spirit Online</b> 10:30 a.m.
20 Celebration 10:30 a.m.	21	22	23	24	25	26
27 Celebration 10:30 a.m. <b>Birthday Sunday Potluck</b>	28	29	30			

**Visualize abundance and live the abundant life!**



*Teaching of the Inner Christ presents:*

# *Zooming*

*Together in Spirit*



Join our spiritual family on Zoom for sharing, music and deep meditation.

*One Saturday every month at 10:30 a.m.*

For more information contact Rev. Mary Ann Kelley at:  
[makeley100@gmail.com](mailto:makeley100@gmail.com)  
(see below)

## **UPCOMING ZOOMING TOGETHER IN SPIRIT EVENTS**

### **HOSTED BY:**

**SEPT. 19 – L.A./ORANGE COUNTY DISTRICT CENTER**

**OCT. 10 – SAN DIEGO INTERNATIONAL CENTER**

**NOV. 14 – L.A./ORANGE COUNTY DISTRICT CENTER**

**DEC. 12 – INTERNATIONAL EXECUTIVE BOARD**

**Sunday Celebration Service! September 6, 2020**

Usher/Video: Kathy Tirpak  
Service Leader: Rev. Brigitte Heimers

**Meditation Song: "We Are One" ..... p. 28**

Opening Meditation  
Greetings

Prayer Demonstrations  
Prayer Request Form: Fill out prior to meditation

**Group Song: "Count Your Blessings" ..... p. 49**

Center Events

**Music performed by:** Ann del Amo

Inspirational Reading ..... Rev. Brigitte Heimers

**"I Recognize God's Abundance"**  
Rev. Brigitte Heimers

Offering of Tithes and Gifts

**Blessing of the Offering:** I now take the time to look for God's abundance all around me and give thanks!

**Music: "Lord I Do Give Thee Thanks" .....p. 74**

**Prayer Request Form Reading (RUCAT)**

**Meditation Music performed by:** Ann del Amo

Meditation and Silence

**Affirmation for the coming week:** I tune in daily in meditation to my Source of all Good, my Inner Christ, and I listen.

**Closing Song: "Love Is the Only Power" .....p. 17**



**I CREATE an AVALANCHE of  
FINANCIAL ABUNDANCE, and I  
GIVE BACK in AMAZING WAYS!**

**Sunday Celebration Service! September 13, 2020**

Usher/Video: Kayla Rose Carroll  
Service Leader: Rev. Elaine Fuller-Zachey

**Meditation Song: "We Are One" ..... p. 28**

Opening Meditation  
Greetings

Prayer Demonstrations  
Prayer Request Form: Fill out prior to meditation

**Group Song: "I Praise the Wealth of God" ..... p. 34**

Center Events

**Music performed by:** Sarah Z

Inspirational Reading ..... Rev. Elaine Fuller-Zachey

**"I Unify with God's Abundance"**  
Rev. Elizabeth Brabant

Offering of Tithes and Gifts

**Blessing of the Offering:** I now take the time to look for God's abundance all around me and give thanks!

**Music: "Lord I Do Give Thee Thanks" .....p. 74**

**Prayer Request Form Reading (RUCAT)**

**Meditation Music performed by:** Sarah Z

Meditation and Silence

**Affirmation for the coming week:** I tune in daily in meditation to my Source of all Good, my Inner Christ, and I listen.

**Closing Song: "Love Is the Only Power" .....p. 17**



**THE CYCLE OF ABUNDANCE**  
**EXHALE, INHALE, OPENNESS, FULLNESS,**  
**GENEROSITY, GIVING, ALIGNING, ATTRACTING,**  
**RECEIVING, GRATITUDE**

**Sunday Celebration Service! September 20, 2020**

Usher/Video: Tim Parr  
Service Leader: Rev. Mary Ann Kelley

**Meditation Song: "We Are One" ..... p. 28**

Opening Meditation

Greetings

Prayer Demonstrations

Prayer Request Form: Fill out prior to meditation

**Group Song: "It's in Every One of Us"..... p. 9**

Center Events

**Music performed by:** Richard Musil

Inspirational Reading ..... Rev. Mary Ann Kelley

**"I Claim God's Abundance"**

Rev. Mary Ann Kelley

Offering of Tithes and Gifts

**Blessing of the Offering:** I now take the time to look for God's abundance all around me and give thanks!

**Music: "Lord I Do Give Thee Thanks" .....p. 74**

**Prayer Request Form Reading (RUCAT)**

**Meditation Music performed by:** Richard Musil

Meditation and Silence

**Affirmation for the coming week:** I tune in daily in meditation to my Source of all Good, my Inner Christ, and I listen.

**Closing Song: "Love Is the Only Power" .....p. 17**



**Talk about your blessings...**

**What you focus on expands.**

***Sunday Celebration Service! September 27, 2020***

Usher/Video: Judy Holmes  
Service Leader: Rev. Kayla Rose Carroll

**Meditation Song: "We Are One" ..... p. 28**

Opening Meditation  
Greetings

Prayer Demonstrations  
Prayer Request Form: Fill out prior to meditation

**Group Song: "God Of Love" ..... p. 1**

Center Events

**Music performed by:** The Double Heart Trio  
(Jennifer Allen-Prather, Kayla Carroll and Patti Moe)

Inspirational Reading ..... Rev. Kayla Rose Carroll

**"I Accept and Give Thanks for God's Abundance"**  
P.T./I.C.C. Jennifer Allen-Prather

Offering of Tithes and Gifts

**Blessing of the Offering:** I now take the time to look for  
God's abundance all around me and give thanks!

**Music: "Lord I Do Give Thee Thanks" .....p. 74**

**Prayer Request Form Reading (RUCAT)**

**Meditation Music performed by:** The Double Heart Trio  
Meditation and Silence

**Affirmation for the coming week:** I tune in daily in  
meditation to my Source of all Good, my Inner Christ, and I  
listen.

**Closing Song: "Love Is the Only Power" .....p. 17**







# Talk about your blessings... What you focus on expands.

## T.I.C. Is Here For You

**An Inner Christ Counseling (ICC) assists you in contacting your Inner Christ,** clarifying your life purpose, and verifying your spiritual experiences.

**An ICC is a channeling session** with your own Inner Christ, assisted by two Inner Christ counselors. To schedule an Inner Christ Counseling (ICC), contact one of the ministers, leader teachers/Inner Christ counselors, or prayer therapists/ICC and an appointment will be arranged for you.

**Prayer Therapy sessions** assist you in clarifying your desires, healing false beliefs that cause problems in your life, and manifesting your good through prayer. The ministers, leader teachers and prayer therapists listed are available for interviews and prayer work by appointment.

**The T.I.C. Prayer Circle** is composed of ministers, leader teachers, and prayer therapists who meet weekly to pray for any person who requests prayer. Fill out a prayer request form and place it in the prayer box at our Center. A donation is appreciated and may be enclosed.



**Telephone prayer requests & taped message:**  
**Dial - A - Healing 24/7 (619) 588-4455**

**Prayer Circle Leader:** P.T./I.C.C. Jennifer Allen-Prather

The Prayer Circle will pray for you for two weeks, and is happy to renew your request until you have a complete demonstration.

**World Healing Ministry:** Rev. Mary Ann Kelley (619) 200-3639

### ***Prayer Therapists and Counselors***

All ministers, leader teachers and prayer therapists are licensed by T.I.C. and adhere to an established Code of Ethics. They understand and use the principles of Spiritual Mind Healing safeguards for pure channeling, and have clear contact with their own Inner Christ.

- Teaching of the Inner Christ Center ..... (619) 447-7007
- Fax ..... (619) 447-7009
- Rev. Kayla Rose Carroll, Pastor, M.M.S. .... (619) 447-7007
- Rev. Elizabeth Brabant, M.A., M.M.S. .... (858) 451-0031
- Rev. Elaine Fuller-Zachey, M.A., M.M.S. .... (619) 263-8383
- Rev. Brigitte Heimers, Ph.D., M.M.S. .... (619) 464-1216

Rev. Mary Ann Kelley, M.B.A, M.M.S. .... (619) 200-3639  
PT/ICC Jennifer Allen-Prather ..... (619) 305-3560  
Rev. Richard Musil, M.M.S. (retired)..... (619) 584-2244

Visit our Website [www.teachingoftheinnerchrist.org](http://www.teachingoftheinnerchrist.org)

### Teaching of the Inner Christ

1114 N. 2ND ST (1100 Bldg.)  
EL CAJON, CA 92021-5008  
619-447-7007

**Address Correction Requested**



The Teaching of the Inner Christ (T.I.C.) is a non-profit, non-denominational spiritual teaching which helps you to contact and experience your True Self, your God Center, your "Christ Self" within, which is your own individual inner spiritual identity.

[www.teachingoftheinnerchrist.org](http://www.teachingoftheinnerchrist.org)

For those who cannot attend the T.I.C. services, please visit us on our website at [www.teachingoftheinnerchrist.org](http://www.teachingoftheinnerchrist.org), click "video" and receive the T.I.C. experience.

