



TEACHING OF THE INNER CHRIST
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SEPTEMBER 2026

TRUSTING THE PROCESS

By: L.T./I.C.C. Jennifer Allen-Prather
(From a 2019 article)

Don't you sometimes wish that you could wiggle your nose like Samantha the witch on the TV show "Bewitched" and receive whatever it is that you are wishing for now? There have been times that I wanted a new car or a slimmer body or a different job and I wanted those things to happen immediately! Sometimes, if we really believe that we can be or have whatever we are wishing for immediately, it can happen that way. But most of the time, for many of us, that does not happen and we have to WAIT for our desire to manifest.

(continued on p. 2)

Trusting the Process (continued from cover)

This is where God comes in. God knows the way all things need to go for a harmoniously run Universe. God has the full picture and we don't. But sometimes I forget that fact and think that I am separate from God and I am the one in control of the process. Oh boy, that can get me in hot water sometimes!

Several years ago, in the early 1980's, I was working in a job that I disliked intensely. I disliked it so much that I caused my back to go out. I quit this job after only a few months not knowing how I was going to be supported. Where I was working was right next to a temporary employment service. I walked into that service, was taking a test, and right while I was taking that test, a call came in for a job in La Jolla and I got it right away. It just so happened at this time that Dr. Ann Meyer (later to be Dr. Ann Meyer Makeever) had offered me a job as executive secretary for the Teaching of the Inner Christ (T.I.C.). The position was in three months, and my temporary job in La Jolla was three months long.

I have since learned that I need to trust God's process, just as I trust that the sun will rise in the morning and a garden will produce food and flowers. Just because I can't see in advance what will happen to me, I know that I must trust the unfoldment or the process. Sometimes it may take a while for the manifestation to happen in the Universal "soup." This takes faith and patience.

I am so grateful every day for my association with the Teaching of the Inner Christ and I thank God for T.I.C. and the tools we learn in classes for healing, meditating and praying.

May we all grow in our awareness of God in our lives and trusting God's process as always unfolding for our best and highest learning.

Blessings to you all,
L.T./I.C.C. Jennifer Allen-Prather



All Sunday services are online.

Please join the L.A./Orange County Teaching of the Inner Christ's **"Sunday Lift,"** on **September 6, 13, 20, and 27,** for inspirational messages, music, meditation and fellowship at **10:30 a.m. PDT** on Zoom –

Zoom Meeting ID: **852 5738 3866**

Zoom Passcode: **038968**

LOVE POWER CIRCLE



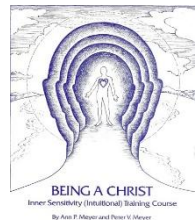
By popular demand we are going back to **ONE Love Power Circle per month (for students and graduates of Inner Sensitivity Training).** This will happen on the first Sunday of the month, **September 6, 2026 with a potluck beforehand.** The potluck and Love Power will be at the new location of the T.I.C. San Diego Branch at 1114 S. Second St., El Cajon, CA facing the parking lot, at **12:15 p.m.**

INNER SENSITIVITY CLASS STARTS SATURDAY SEPT. 26, 2026 - 10 a.m. 12 weeks!!!

Online via Zoom or in Person

This is the course for you...

- Make conscious contact with your Inner Christ
- Meditate by relaxing the mind and body
- Channel clearly and safely from the divine nature within
- Pray by aligning your thoughts and beliefs with the Truth of your being.
- Heal negative thought forms, psychic or mental ties, possession or other negative influences.



INVITE YOUR FRIENDS AND FAMILY FOR THIS LIFE-CHANGING CLASS.

Cost: \$330 (1/2 price for repeat students)

+ \$35.37 for textbook, "Being a Christ"

Taught by Rev. Elaine Fuller-Zachey & L.T./I.C.C. Jennifer Allen-Prather

To register or for questions, please email T.I.C. at

tic4innerlight@gmail.com

GIVE YOURSELF A SPIRITUAL LIFT AND JOIN THE

Monthly Midweek Uplift Service

“TRUTHDAY TUESDAY”

Once a month. This month it's on
September 8th at 2:00 p.m. (online & in-person)

The theme: **“What is MY Truth?”**

Join us online for ---

- Sharing about what is important to YOUR spiritual growth
- For timely topics
- Deep meditation
- Individual prayers tailored to YOUR needs



TELL A FRIEND!

Led by L.T./I.C.C. Jennifer Allen-Prather

To join the meeting by Zoom, use the coordinates below:

Zoom Meeting ID: 895 088 0826

Passcode: 645946

SEPTEMBER

Here's
What's
Happening!

Theme: *"Trusting the Process"*

Sept. 6 L.A./Orange County Sunday Lift – 10:30 a.m.
(see page 3)

**In person, Potluck and Love Power Circle –
12:15 p.m. at T.I.C. San Diego -** (see page 3)

Sept. 8 **TruthDay Tuesday Uplift Mtg. – 2:00 p.m.,
(see page 4)**

Sept. 13 L.A./Orange County Sunday Lift – 10:30 a.m.
(see page 3)

Sept. 20 L.A./Orange County Sunday Lift – 10:30 a.m.
(see page 3)

Sept. 26 **Inner Sensitivity Class Begins – 10:00 a.m.
In-person & online (San Diego) (see page 3)**

Sept. 27 L.A./Orange County Sunday Lift – 10:30 a.m.
(see page 3)

BLESSING FOR THE COMING WEEK:

"Today I trust that God has a bigger and better picture for my life and that what I desire is manifest in the perfect right way and in the perfect right time."



“PrayerTransformations”

Prayer Circle, San Diego is renewed and renamed and welcomes your prayers.

Every Wednesday at 1:00 p.m.

Please submit your prayers NO LATER than 10:00 a.m. each Wednesday.



If a licensed leader desires to attend the Zoom meeting, please email L.T./I.C.C. Jennifer Allen-Prather at tic4innerlight@gmail.com for the meeting ID and password.

If you choose to donate to the Prayer Circle, you can, by going to the website at teachingoftheinnerchrist.org and go to the top at “donate” and specify that your donation is for the San Diego T.I.C. Branch Prayer Circle. THANK YOU!

THANK YOUR FOR YOUR TITHES AND DONATIONS

We genuinely appreciate your financial support.

Please remember, if you are absent we are still here, and with your continuous financial support, we always will be.

Thank you for your continued support, talents, prayers, and presence. We are open to any suggestions you may have regarding fundraising and/or increasing membership to grow the Teaching.





T.I.C. Is Here For You

An Inner Christ Counseling (I.C.C.) assists you in contacting your Inner Christ, clarifying your life purpose, and verifying your spiritual experiences.

An I.C.C. is a channeling session with your own Inner Christ, assisted by two Inner Christ counselors. To schedule an Inner Christ Counseling (I.C.C.), contact one of the ministers, leader teachers/Inner Christ counselors, or prayer therapists/I.C.C. and an appointment will be arranged for you.

Prayer Therapy sessions assist you in clarifying your desires, healing false beliefs that cause problems in your life, and manifesting your good through prayer. Ministers listed are available for spiritual counseling & prayer by appointment. Leader teachers and prayer therapists are available for interviews and prayer work by appointment.

The T.I.C. Prayer Circle will pray for you for two weeks, and is happy to renew your request until you have a complete demonstration. A donation is appreciated and may be enclosed.

Prayer Circle Leader: L.T./I.C.C. Jennifer Allen-Prather

Prayer Therapists and Counselors

All ministers, leader teachers and prayer therapists are licensed by T.I.C. and adhere to an established Code of Ethics. They understand and use the principles of Spiritual Mind Healing safeguards for pure channeling, and have clear contact with their own Inner Christ.

Teaching of the Inner Christ Center (619) 447-7007
Email: tic4innerlight@gmail.com

Rev. Elaine Fuller-Zachey, M.A., M.M.S. (619) 203-4770
L.T./I.C.C. Jennifer Allen-Prather (619) 305-3560

Visit our Website www.teachingoftheinnerchrist.org

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Address Correction Requested

The Teaching of the Inner Christ (T.I.C.) is a non-denominational teaching that teaches the effective use of prayer, affirmations and the healing of negative beliefs. We invite you to attend and experience for yourself the beautiful being that you are.

