



Los Angeles/Orange County District Center Teaching of the Inner Christ

1775 Bellflower Blvd., Long Beach, CA 90815 ---714-308-1508, teachingoftheinnerchrist.com

December 2020

PAINT A MASTERPIECE

There's a quote in "365 Science of Mind" by Ernest Holmes on page 343:

"Only remember we are surrounded by a Universal Subjectivity. . . that is receptive, neutral, impersonal, always receiving the impress of our thought and that has no alternative other than to operate directly upon it, thus creating the things that we think."

We can think of our life as a painting—a blank canvas. Each day, we have the ability to make a beautiful picture, or a not so beautiful one. Recently at our Thanksgiving Zoom meeting, someone said that each morning when she gets up, she gives thanks for the day at hand, in advance.

Starting our day with meditation, affirmations, and Spiritual Mind Treatments, gets the canvas looking pretty good! During the day, we need to watch our "Self Talk"—the thoughts that pop into our mind. This is the work of the 7 Day Mental Diet—to be aware of our subconscious as well as our conscious mind.

The main thing to remember is that WE HAVE THE POWER TO SHAPE AND FASHION OUR LIFE in any way we so choose!

Wishing you a blessed Holiday Season,

Elizabeth Yacoubian
LT/PT/ICC

Sunday Celebration at 10:30AM

Join us for inspirational messages, music, meditation and fellowship

Until further notice since we are still restricted, our Sunday services will continue for you via Zoom.

Please join us on Sundays at 10:30am Pacific time:

<https://us02web.zoom.us/j/>

Meeting ID: 868 834 436
Password: 209637

**MARK YOUR CALENDAR AND JOIN US
FOR
OUR ANNUAL CANDLE LIGHTING SERVICE
DECEMBER 20TH AT 10:30 AM VIA ZOOM**

Call a Prayer Therapist or Minister for Prayer Support

Inner Christ counseling available

Rev. Vicki Walker714-308-1508

ywalker714@gmail.com

LT/PT/ICC Elizabeth Yacoubian.....714-253-6783

mintmy069@gmail.com

PT/ICC Earl Spurlin.....562-439-4978

dukeoff@charter.net

PT Victoria Conrique.....562-293-8448

victoria.conrique@gmail.com

A look at our finances:

October 2020	Income	\$2,205.	Year to Date	Income	\$20,202.
	Expenses	<u>\$1,617.</u>		Expenses	<u>\$18,028.</u>
	Gain/Loss	\$ 588.		Gain/Loss	\$ 2,174.)

We Thank You and genuinely appreciate your financial support during these extraordinary times.