



**Los Angeles/Orange County District Center
Teaching of the Inner Christ**

1775 Bellflower Blvd., Long Beach, CA 90815 ---562-498-9211, teachingoftheinnerchrist.com

February 2019

NEW YEAR, NEW YOU!

There's a common saying: "Variety is the spice of life". It's also true that we humans gravitate toward the same old patterns of behavior. Some structure and continuity serve us—especially our subconscious mind. However, we get a "push" from the center of divinity within if we avoid growth, change and expansion for too long.

The Law of Growth states: "The desire for growth is a constant motivation in all of life." We think of the "New Year" as a time to embrace expansion and newness--i.e., New Year's resolutions. If you want a NEW YOU in this NEW YEAR, it's a good idea to assess some of your routines and patterns of behavior.

Even small changes can bring more aliveness. Wake up several hours early and greet the sunrise with open arms, breathing the fresh morning air and declare: "THANK YOU GOD FOR THIS WONDERFUL DAY!" You might change your diet a little or learn a new skill—there are so many ways to change things up in your life!

So let's give a toast to this wonderful NEW YOU in the NEW YEAR! Ever growing, ever expanding—always allowing more GOOD in your life.

*Happy New Year,
Love & Light,*

*Elizabeth Yacoubian,
LT, PT, ICC*

Sunday Celebration at 10:30AM

*Join us for inspirational messages, music,
meditation and fellowship*

- Feb 3****Prayers**
PT Victoria Conrique
- Feb 10 Book Study**.....**The Way and the Word**
Rev. Vicki Walker
- Feb 17**.....**Strategies for Attraction**
PT/ICC Earl Spurlin
- Feb 24**.....**Embracing Our True Identity**
LT Elizabeth Yacoubian

Happy Valentine's Day!

**Please join us for our
Annual Membership Meeting on
February 17 following Sunday Celebration
Pizza and Salad will be served.
Your support and input are important in
planning events and activities at our center.**

**Call a Prayer Therapist or Minister
for Prayer Support**

Inner Christ counseling available

- Rev. Vicki Walker.....714-308-1508
vwalker714@gmail.com
- LT/PT/ICC Elizabeth Yacoubian.....714-253-6783
mintmy069@gmail.com
- PT/ICC Earl Spurlin.....562-439-4978
dukeoff@charter.net
- P/T Victoria Conrique.....562-293-6468
Victoria.conrique@gmail.com

A look at our 2018 finances:

December 2018	Income	\$2,589.	End of Year	Income	\$29,100.
	Expenses	<u>\$2,133.</u>		Expenses	<u>\$32,625.</u>
	Gain/Loss	\$ 456.		Gain/Loss	(\$ 3,525.)

We THANK YOU and genuinely appreciate your financial support.