



Los Angeles/Orange County District Center Teaching of the Inner Christ

1775 Bellflower Blvd., Long Beach, CA 90815 ---562-498-9211, teachingoftheinnerchrist.com

May 2019

MAKING WAY FOR THE NEW

Spring is here. Bears come out of hibernation, flowers explode in a panoply of color and frozen rivers run freely. It's a time of renewal. We re-invigorate our lives. In an external way, we might re-decorate a room or clear out a closet, creating a vacuum for new clothes to fill. We can also do some internal clearing.

In her book "The Four Spiritual Laws of Prosperity", Edwene Gaines names Forgiveness as the 3rd law of prosperity. She gives a journaling exercise that is easy and fun to do.

"Fill in the blanks in your journal and see if that simple act doesn't help you start to release long-held grudges:"

I am through feeling guilty about _____

I am over feeling sorry for myself about _____

I am no longer going to blame _____ for _____

I am finished with all sadness about _____

I forgive my parents for _____

I release all suffering about _____

Above all, I forgive myself once and for all for _____

Sending a blessing to someone about whom you've had negative feelings can be a very freeing thing.

Happy Energy, Happy Spring!

Elizabeth Yacoubian
LT/ICC/PT

Sunday Celebration at 10:30AM

*Join us for inspirational messages, music,
meditation and fellowship*

May 5 Book Study:.....*Everlasting Peace*

LT Elizabeth Yacoubian

May 12.....*A Mothers Influence*

Rev. Vicki Walker

May 19*Spark the Inner Spirit*

PT Earl Spurlin

May 26.....*The Merry Month of May*

LT Elizabeth Yacoubian

Happy Mother's Day!

Spiritual Celebration:

Journey Into The Light

June 20, 21, 22, 23, 2019

Vina De Lestonnac Retreat Center

Temecula, CA

Register Today!

Call a Prayer Therapist or Minister for Prayer Support

Inner Christ counseling available

Rev. Vicki Walker.....714-308-1508

ywalker714@gmail.com

LT/PT/ICC Elizabeth Yacoubian.....714-253-6783

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PT/ICC Earl Spurlin.....562-439-4978

dukeoff@charter.net

PT Victoria Conrique.....562-293-6468

Victoria.conrique@gmail.com

A look at our 2019 finances:

March 2019	Income	\$3,052.	Year to Date	Income	\$7,526.
	Expenses	\$2,400.		Expenses	\$7,202.
	Gain/Loss	\$ 652.		Gain/Loss	\$ 324.

We THANK YOU and genuinely appreciate your financial support.