



Los Angeles/Orange County District Center Teaching of the Inner Christ

1775 Bellflower Blvd., Long Beach, CA 90815 ---562-498-9211, teachingoftheinnerchrist.com

November 2019

THE HOLIDAYS

As we move rapidly into the holiday season, it's good to stop occasionally and take stock of where our thinking is. For many, the mere mention of the holidays brings tension to their shoulders and a feeling of dread.

Part of this is due to the commercialization of the holidays with decorations going up months ahead of the day in a full marketing blitz. Some of the tension comes from the idyllic scene that we hold in our minds as to what the holidays should look like. Situations change, and holidays necessarily change with them.

Once again, we can remind ourselves that we ABSOLUTELY create our own lives, our own reality! This happens through the thoughts we hold!. It may be helpful to create some affirmations you can say throughout the season to make it joyful, and stress-free.

Here are a few of mine:

"I move with joy and ease through this holiday season,—all is in Perfect, Divine Order!"

"I embrace the wonder and joy, the GOOD of the holidays and release the rest. I don't need it."

"I am filled with the Love. Peace and Joy of God, regardless of any seeming limitations!"

*Have a wonderful holiday season,
God Bless,*

Elizabeth Yacoubian, LT/ICC/PT

Sunday Celebration at 10:30AM

*Join us for inspirational messages, music,
meditation and fellowship*

Nov 3 Pink Book Study:The Heart of God

LT Elizabeth Yacoubian

Nov 10.....An Attitude of Gratitude

Rev. Vicki Walker

Nov 17.....Understanding Grace & Gratitude

PT Earl Spurlin

Nov 24.....Alive, Awake and Aware

Rev. Vicki Walker

**Save the date: Dec 8 at 6:30pm for our
Annual Christmas Candle Lighting Service**

Thanksgiving Potluck

on Nov. 17 after service

Enjoy a delicious dinner plus goal setting

**Sign up sheet at Center is available for
you to list your contribution**

Call a Prayer Therapist or Minister for Prayer Support

Inner Christ counseling available

Rev. Vicki Walker.....714-308-1508

vwalker714@gmail.com

LT/PT/ICC Elizabeth Yacoubian.....714-253-6783

mintmy069@gmail.com

PT/ICC Earl Spurlin.....562-439-4978

dukeoff@charter.net

P/T Victoria Conrique.....562-293-6468

Victoria.conrique@gmail.com

A look at our 2019 finances:

Sept 2019	Income	\$2,970.	Year to Date Income	\$20,321.
	Expenses	<u>\$2,264.</u>	Expenses	<u>\$21,145.</u>
	Gain/Loss	\$ 706.	Gain/Loss	(\$ 824.)

We THANK YOU and genuinely appreciate your financial support.