



Los Angeles/Orange County District Center Teaching of the Inner Christ

1775 Bellflower Blvd., Long Beach, CA 90815 ---714-308-1508, teachingoftheinnerchrist.com
September 2020

THE DOG DAYS OF SUMMER

The last few days have been hot and humid. Henceforth, I'm currently sitting in front of a fan right now. The theme for August in 365 Science of Mind (A Year of Daily Wisdom) by Ernest Holmes is "VITALITY". I had to say an affirmation a few times to generate this feeling. "I am full of energy and vitality." After saying that for several minutes it worked.

The first sentence in the August 20th selection is: "Realizing that all action starts in, and is a result of consciousness, prepare your mind to receive the best that life has to offer." Hmm, I started to say to myself—what is the best life has to offer? (I'll have to ponder that over coffee in the morning!)

The second paragraph begins: "Say: I allow the Divine Wholeness to flow through me in ever-widening circles of activity." That's a good one to contemplate too. What would that look like for you?

It never fails, when I'm low on energy, I can turn to Ernest Holmes for inspiration. August 20 is a really great message. I recommend you read it if you haven't already!

"...I lift my mind, I elevate my faith, I listen deeply to the song of my being."

Love & Light,

Elizabeth Yacoubian, LT/PT/ ICC

Sunday Celebration at 10:30AM

Join us for inspirational messages, music, meditation and fellowship

Until further notice since we are still restricted, our Sunday services will continue for you via Zoom.

Please join us on Sundays at 10:30am Pacific time:

<https://us02web.zoom.us/j/868834436?pwd=RFJlY0xwNEZpSW5sNzFvNGpobnZz09>

Meeting ID: 868 834 436
Password: 209637

Tuesdays at 10:00 AM

**Healing and Meditation for your prayer needs
Via Zoom**

**Reach out to Rev. Vicki for the Zoom link info'
By either email or text, contact info below**

Call a Prayer Therapist or Minister for Prayer Support

Inner Christ counseling available

Rev. Vicki Walker.....714-308-1508

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LT/PT/ICC Elizabeth Yacoubian.....714-253-6783

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PT/ICC Earl Spurlin.....562-439-4978

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P/T Victoria Conrique.....562-293-6468

Victoria.conrique@gmail.com

A look at our 2020 finances:

July 2020	Income	\$2,250.	Year to Date Income	\$13,965.
	Expenses	\$1,589.	Expenses	\$13,167.
	Gain/Loss	\$ 661.	Gain/Loss	\$ 798.

We gratefully appreciate your donations even though we aren't meeting in person.