

Los Angeles/Orange County Branch

Teaching of the Inner Christ

March 2026 – Faith



We welcome and appreciate your sustaining tithes:

Teaching of the Inner Christ
5405 E. Village Road, #8084
Long Beach, CA 90808

“You cannot pour from an empty cup.”

Eleanor Brown, bestselling author

At first glance, an empty cup can feel like lack — like something missing. We may look at our lives in certain seasons and see spaces where certainty once lived, where companionship once warmed us, where clarity once guided us. March often feels this way — winter not quite gone, spring not fully here. A threshold month. Yet spiritually, an empty cup is not a symbol of deficiency. It is a symbol of readiness.

In metaphysical understanding, the cup represents consciousness. When it is cluttered with fear, resentment, old narratives, or rigid expectations, there is little room for divine inflow. But when life empties us — through change, surrender, or holy unknowing — something sacred is happening. Space is being made. Faith is not poured into a full cup. It is received in an empty one.

Faith, in its deepest sense, is not blind belief in outer circumstances improving. It is trust in the indwelling Presence — the Inner Christ — that quietly sustains and guides us. When we allow ourselves to be emptied of anxious control, we become receptive to wisdom, courage, and fresh vision. An empty cup turned upward becomes a prayer.

This month, notice where you feel “emptied.” Instead of rushing to refill those spaces with noise or distraction, pause. Lift the cup of your awareness. Whisper, “Fill me with what is true.” And then watch. Grace flows where there is openness. Strength gathers where there is surrender. Vision returns where there is trust. The cup you thought was empty may become the very vessel through which new life is poured.

Blessings,
Rev. Vicki Walker

Join us for inspirational messages, music,
meditation and fellowship

Sunday Lift on Zoom

10:30 a.m. PDT

Meeting ID: 868 834 436

Password: 209637

Instant Link:

<https://us02web.zoom.us/j/868834436?pwd=RFJIY0xwN0ZpSW5sNzFvNGpobnpuZz09>

Missed a Sunday Lift? It is recorded for your viewing pleasure! Inspiring speakers, music, readings and sharing. And invite a friend...

Why not take a look? And leave us a “thumbs-up”

“A Marriage of Love and Logic”

Rev. Michele Newsum

<https://vimeo.com/1167514162>

“Divine Grace Renews Me”

Cathryne Bruce Johnson

<https://vimeo.com/1167510604>

Prayer Circle of Truth

Tuesdays at 9:30 a.m. PT

Meeting ID: 822 0431 2979

Passcode: 192610

**Call for prayer counseling and support or request
an Inner Christ Counseling (ICC):**

**LT/PT/ICC Elizabeth Yacoubian.....562-386-7538
mintmy069@gmail.com**

**Rev. Michele Newsum.....310-995-7978
michelenewsum@aol.com.**

**Rev. Vicki Walker.....714-308-1508
vwalker714@gmail.com**

**Find us on Facebook and join us for daily
inspirational channeled messages.**

**Search Facebook: Teaching of the Inner Christ
(Look for the red double heart logo.)**

<https://www.teachingoftheinnerchrist.org/long-beach-tic.html>

**“If you would come with me, give up all that was before — all old habits, old teachings, old concepts of me, old ideas of
God”... “Give up your old treasures and bring to me your emptiness,
that there be room for my treasures and my love.”**

Giving and Forgiving - Channeled Messages from the Present Jesus

