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We thank our WONDERFUL POSTAL SERVICE and all those who care for our mail from start to finish!! We sincerely appreciate all you do.
Thank You! Thank You! Thank You!




Please remember, if you are absent we are still here, and with your continuous financial support, we always will be.

The Teaching of the Inner Christ (T.I.C.) is a non-denominational teaching that assists those who choose to contact and experience their own Inner Christ - the unique identity of God within. We teach the effective use of prayer, affirmations and the healing of negative beliefs. We invite you to attend and experience for yourself the beautiful being that you are.

Teaching of the Inner Christ
 1114 N. 2nd Street (1100 Bldg)
 El Cajon, CA 92021-5008

Return address requested

 **Teaching of the Inner Christ**
 1114 N. 2ND ST (1100 Bldg.)
 EL CAJON, CA 92021-5008

I Am Free to Say Yes!
By Cathryne Bruce-Johnson

What a great joy it is to remember that I am free to say YES to a new good right here and now - no matter the situation, circumstance, or history. All of a sudden I feel strong, powerful and capable instead of overwhelmed and depressed. I feel a new clarity behind my eyes as my YES opens the doors to

(Continued on page 10)

God's Gift of Abundance
By Mary Ann Kelley

This time of year it is easy to see God's abundance in the crops as the time for harvest nears. Looking at the grains of wheat, or the beautiful sunflowers, or ears of corn, we can easily see how one little seed has multiplied into hundreds of new seeds. Some (a tithe) will be used for next year's crops and some . . .

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JULY 2010
 I Am Free to Say Yes!

AUGUST 2010
 God's Gift of Abundance



Spiritual Celebration

July 9-11, 2010
 Mary & Joseph
 Retreat Center
 Rancho Palos Verdes

Register today!

Price: \$412

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God in Nature

Oh that I long for the smell of damp earth
Or the soft leaves and rough bark of
The tree giving coolness and shade.
I am happy here with You, dear God,
Happiest that I know through these
Beauty that you love me.

Rolling down the grassy knoll.
Reclining on the hill – gazing
At cloud shapes – is all that
I need to be with You.

Jennifer Allen-Prather

Congratulations to Tom Johnson! of Virginia Beach, Virginia, the winner of “Name Our Copy Machine” contest! The new name for our copy machine is “Sharpie!” Tom Johnson is the winner of a Pink Book!

CENTER BEAUTIFICATION PARTY

Saturday – August 7 – 9:30-12:00 Noon

Bring cleaning supplies

Thanks for the crew who came on Saturday, June 19, for the Beautification Project at our Center!

Jennifer Allen-Prather, Cathryne Bruce-Johnson, Jeannette, Mary Ann Kelley, Richard Musil – Thank you for dedicating your love and energy in beautifying our Center.

PROMISE YOURSELF

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something good in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Author unknown

Don't forget our **CENTER BEAUTIFICATION PARTY**

Saturday – August 7 – 9:30-12:00 Noon

Bring cleaning supplies

Just a Thought (continued from page 12)

Quotes from the internet (continued from p. 12)

- What would you attempt to do if you knew you could not fail?

The following are from Zuma:

- Once you can accept the universe as matter expanding into nothing that is something, wearing stripes with plaid comes easy.
- The fact that no one understands you doesn't make you an artist.

**Packed House GOSPEL HOUR and
BIRTHDAY PARTY CELEBRATION On June 25th!**



*A smashing success!!
Talent abounded! Our
talented performers
(singers, guitarists, poets,
actors and Sufi dancers)
were Richard Musil,
Scott Masters, Jack N.,
Doug McCarron, Jim Ellis,
Mary Lee, Eileen Tefft,*

*Craig C., Anna Varnell, Paul K., Tammy U'ren,
Steve Joiner, Paris Bingo, Garrett Knipe, Akeesha,
and Jackie Lopez are just some of those who
participated!! You were all superb!!! We laughed,
we sang and we danced!!*

We are currently working on getting more shows like this at T.I.C.! If you know someone who is musically inclined, or just want to come and listen or join in for the interactive parts (sing-a-longs) you can take a look at our bulletin online at www.teachingoftheinnerchrist.com.

Pastor's Message

Are we ready to be wealthy? Do we know what genuine wealth is? Let's understand that wealth is a state of consciousness, an expanded awareness of having. When we are in right understanding of whom and what we are, we recognize that we already have.

In Deuteronomy, Chapter 8, verse 18 "And you shall remember the Lord, your God, for it is He who gives you power to get wealth". Understand that "Lord" means "Law". In using this Great Law of Life, look also to the first commandment, "Thou shalt not have any other gods before me." When applied to a prosperity teaching, this means not to look to any other source but Spirit for our good. Look within to God-consciousness for our good. If we are waiting for the cosmic tumbler to click into place so that we hit the lottery, or get the right job, or whatever we desire we are worshiping a false god of our consciousness.

Let's not look to second cause factors for our good! Let's go directly to First Cause! Let's attune only to the God Power, Life Source and Mind that there is in everything working together for our good. Let's live on the lap of Divine Luxury. IT IS ALL OURS!!!

Love to All
Kayla Rose



JULY SUNDAY CELEBRATIONS 10:30 a.m.

(Deep Meditation – 9:50 a.m.)

July 4 "I Am Free to Say 'Yes!'"
SPEAKER: Rev. Kayla Rose Carroll
LEADER: Rev. Brigitte Heimers
MUSIC: Double Heart Trio
(Kayla Rose Carroll, Jennifer Allen-Prather, Patti Moe)

July 11 **NO SUNDAY SERVICE – WE ARE AT SEMINAR**

July 18 "Say 'Yes!' to My New Story"
SPEAKER: Rev. Brigitte Heimers
LEADER: Rev. Elizabeth Brabant
MUSIC: Marvin Dillard

July 25 "Owning My 'Yes!' Power"
SPEAKER: Rev. Elaine Fuller-Zachey
LEADER: LT/ICC Cathryne Bruce-Johnson
MUSIC: Ann Del Amo



Wednesday Faith Lift

July 7 I Am Free to Focus on My Strengths!
Rev. Richard Musil

July 14 I Am Free to Make My Move!
Rev. Elizabeth Brabant

July 21 I Am Free to Follow My Heart!
LT/ICC Cathryne Bruce-Johnson

July 28 I Am Free to Change!
PT/ICC Jennifer Allen-Prather

Local Representatives:

Elaine Fuller-Zachey 619-263-8383
Scott Prather 619-713-0768

Please contact the Local Rep about any ideas, suggestions or concerns about our center.



T.I.C. Is Here For You

An Inner Christ Counseling (ICC) assists you in contacting your Inner Christ, clarifying your life purpose, and verifying your spiritual experiences.

An ICC is a channeling session with your own Inner Christ, assisted by two Inner Christ Counselors. To schedule an Inner Christ Counsel (ICC), contact one of the Ministers, Leader Teacher/Inner Christ Counselors, or Prayer Therapist Counselors and an appointment will be arranged for you.

Prayer Therapy sessions assist you in clarifying your desires, healing false beliefs that cause problems in your life, and manifesting your good through prayer. The ministers, leader teachers and prayer therapists listed are available for interviews and prayer work by appointment.

The T.I.C. Prayer Circle is composed of ministers, leader teachers, and prayer therapists who meet weekly to pray for any person who requests prayer healing. Fill out a prayer request form and place it in the prayer box at our Center. A donation is appreciated and may be enclosed.



Telephone prayer requests & taped message:

Dial - A - Healing 24/7 (619) 588-4455

Prayer Circle Leader: Rev. Elizabeth Brabant (858) 451-0031

The Prayer Circle will pray for you for two weeks, and is happy to renew your request until you have a complete demonstration.

World Healing Ministry: Rev. Mary Ann Kelley (619) 200-3639
(for people not near a T.I.C. Center) (800) 201-6722

Prayer Therapists and Counselors

All ministers, leader teachers and prayer therapists are licensed by T.I.C. and adhere to an established Code of Ethics. They understand and use the principles of Spiritual Mind Healing safeguards for pure channeling, and have clear contact with their own Inner Christ.

Teaching of the Inner Christ Center (619) 447-7007
Fax (619) 447-7009

Rev. Kayla Rose Carroll, Pastor, M.M.S. (619) 447-7007
Rev. Brigitte Heimers, Ph.D., M.M.S. (619) 464-1216
Rev. Richard Musil, M.M.S. (619) 584-2244
Rev. Mary Ann Kelley, M.M.S., M.B.A. (619) 200-3639
Rev. Elizabeth Brabant, B.M.S., M.A. (858) 451-0031
Rev. Elaine Fuller-Zachey, M.A., B.M.S. (619) 263-8383
LT/ICC Cathryne Bruce-Johnson (619) 713-2022
PT/ICC Jennifer Allen-Prather (619) 713-0768

Just a Thought . . . *By Jeannette*



Making choices. How many times do we say this and yet not know how to make the choices we want to make. A place a friend of mine, Anna, told me about that sounded like it was "right up my alley" and I thought some other people might be interested in this, too. It is called San Diego Grapevine – yahoo.

<http://groups.yahoo.com/group/GrapevineSanDiego/>

Description (from the yahoo website)

Grapevine San Diego is a very active friendly forum for posting and receiving information about events, products, and services related to personal growth, spiritual development, social gatherings, environmental and social consciousness, world affairs, animal awareness, vegetarian potlucks, entertainment, creative arts, and the like. Promoting health and happiness of body, mind, and spirit for all living beings.

Mostly San Diego area but other area events welcomed. This is generally not a discussion group site, however it is an opportunity for us to respectfully share information, reflect on world affairs, and stay connected with what is happening in our community and with each other.

Also, on the internet were some excellent quotes...

- Don't be afraid to fail . . . Be afraid not to try.
- It's never too late to start your life over.
- Be the change you wish to see in the world.
- Most things are difficult before they are easy.
- No act of kindness goes unnoticed.
- What would you attempt to do if you knew you could not fail?

(Continued on p. 14)

AUGUST SUNDAY CELEBRATIONS 10:30 a.m.

(Deep Meditation – 9:50 a.m.)

- August 1 **"God's Gift of Abundance"**
SPEAKER: Rev. Kayla Rose Carroll
LEADER: Rev. Elaine Fuller-Zachey
MUSIC: Double Heart Trio
 (Kayla Rose Carroll, Jennifer Allen-Prather, Patti Moe)
- August 8 **"God's Knowledge of My I Am Connection"**
SPEAKER: Rev. Brigitte Heimers
LEADER: Rev. Richard Musil
MUSIC: Elizabeth Brabant
- August 15 **"God's Abundance of Love"**
SPEAKER: Rev. Elaine Fuller-Zachey
LEADER: Rev. Elizabeth Brabant
MUSIC: Marvin Dillard
- August 22 **"God's Abundance of Joy"**
SPEAKER: Rev. Richard Musil
LEADER: Rev. Brigitte Heimers
MUSIC: Ann Del Amo
- August 29 **"Recognizing God's Joy"**
SPEAKER: Rev. Elizabeth Brabant
LEADER: Rev. Mary Ann Kelley
MUSIC: Marvin Dillard



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Wednesday Faith Lift

- August 4 Recognizing Our Abundance
 Rev. Mary Ann Kelley
- August 11 Recognizing Our I Am Connection
 Rev. Richard Musil
- August 18 Recognizing God's Love
 PT/ICC Jennifer Allen-Prather
- August 25 Recognizing God's Joy
 LT/ICC Cathryne Bruce-Johnson
- September 1 TBA

What's Happening at Our Center

JULY

4 Potluck – immediately following service
Love Power Circle – 12:30 p.m.

11 CLOSED – WE ARE AT SEMINAR

17 **NEW CLASS – INNER SENSITIVITY**
1:00 P.M. – 3:30 P.M.
SATURDAY CLASS – Rev. Richard Musil



18 **MOVIE MATINEE! – 12:30 p.m.**
Mr. Destiny – Larry Burrows (James Belushi)
wished for it all . . . until all that he
wished for came true!
For synopsis – see p.7

25 **EVENING NATURE WALK – Mission Trails**
Meet at Visitor's Center at 6:00 p.m.

AUGUST

8 **MOVIE MATINEE! 12:30 p.m.**
Bruce Almighty – Wildly funny!!
Jim Carrey, Jennifer Aniston,
Morgan Freeman
For synopsis – see p.7



22 **EVENING NATURE WALK – Mission Trails**
Meet at Visitor's Center at 5:30 p.m.

LBR/IBA Meeting – 12:30 p.m.

Local Representatives:

Elaine Fuller-Zachey 619-263-8383



Scott Prather 619-713-0768

Please contact the Local Rep about any ideas,
suggestions or concerns about our center.

God's Gift of Abundance (from page 1)

(the abundance) will be used for food for people and animals and other things.

In Jesus' channeled message to us in the Pink Book, **Giving and Forgiving**, page 41, we find . . ."you cannot ask for anything and not get it. So if you do ask for anything, know this again: It is impossible for God to refuse you anything you sincerely ask for, believing. For certain things are impossible to God because of what God is. God cannot deny any good gift. Therefore that which you ask is given you."

Sometimes we fail to see the abundance in our lives. We feel something is being withheld from us, or that we don't deserve to be more abundant. This is not the truth, of course, only the appearance. If we remember the tithe (plant seed, give back to God), the abundance (our good) is always here.

Thank you wonderful God, and so it is.

Rev. Mary Ann Kelley,
Director of Prayer Ministry & Outreach

Affirmations:

My God Self constantly puts affirmations in my mind,
transforming all fear into confidence and courage.
- Rev. Elizabeth Brabant

When our eyes see our hands doing the work of our hearts, the circle of creation is completed inside us, the door of our souls fly open, and love steps forth to heal everything in sight.
- Michael Bridge

I Am Free to Say Yes! (continued from page 1)

new possibilities. I feel my spiritual nature rush in sweeping away the cobwebs of victimhood and blame and filling my mind with inspiring ideas. I realize that I am free to say YES to a new good and I am free to move forward one step at a time.

Early American colonists must have had to take a similar stance in their quest for independence from England. The problem was taxation without representation. It was a time of brave decision to say "no more" to an intolerable situation and to say YES to a new dream of an independent country. The problem became a spring board to a fulfillment of divine purpose. Each patriot said YES to a new good, despite the circumstances of pitting themselves against a seemingly insurmountable world power. Yet they followed their hearts and honored their YES power, and baby step by baby step, founded a brave new country.

It takes courage to be willing to look at our lives and notice what is and isn't working. It takes courage to face a reoccurring problem or an unfavorable situation head on and say, "Good! Now that I'm clear on what I don't want, I can let it go and focus on what I do want!" The truth is that we are each free to say YES to our new and wonderful Good. We are free to meditate and listen to our Christ nature for clarity and guidance. We are free to let go of the past and say YES to a brave new inner country that we create for ourselves.

Enjoy the journey!

Love, Cathryne
Leader Teacher/Inner Christ Counselor

Movie Matinees

July Matinee – Mr. Destiny

Imagine if one day, out of the blue, your wildest dreams came true! That's exactly what happens to junior executive Larry Burrows (James Belushi – *Taking Care of Business*) when he bumps into a mysterious stranger (Michael Caine – *Miss Congeniality, The Cider House Rules*). Instantly, Larry's ho-hum life becomes his ultimate fantasy – huge mansion, beautiful wife, cars galore! But before long, his new lifestyle isn't so enchanting. Ultimately, Larry discovers it's going to take a lot more than wishful thinking to get back to where he once belonged! Co-starring *Terminator 2's* Linda Hamilton and comedian Jon Lovitz (*Little Nicky, Rat Race*), Mr. Destiny is a delightful rags-to-riches comedy brimming with totally magical entertainment!

August Matinee – Bruce Almighty!

Comic genius *Jim Carrey* stars with *Jennifer Aniston* and *Morgan Freeman* in the entertaining comedy hit. Critics say it's a "laugh a minute". Bruce Nolan (Carrey) is a TV reporter who believes the entire universe is stacked against him. In a life-altering encounter, the Big Guy Upstairs (Freeman) endows Bruce with all His divine powers and challenges Bruce to take on the big job to see if he can do it any better. Bruce Almighty is the wildly funny comedy featuring "Jim Carrey at his best!" (Leonard Maltin, *Hot Ticket*)

JULY 2010

SUN	MON	TUE	WED	THU	FRI	SAT
4 Sunday Celebration 10:30 a.m. Potluck 11:30 a.m. Love Power Circle 12:15 p.m.	5	6	7 Faith Lift 7:00 p.m.	8	9	10
Center Closed						Spiritual Celebration July 9 - 11
11 Center Closed Spiritual Celebration	12	13	14 Faith Lift 7:00 p.m.	15	16	
18 Sunday Celebration 10:30 a.m. Movie 12:30 p.m.	19	20	21 Faith Lift 7:00 p.m.	22	23	24 Inner Sensitivity Lesson 2 1:00 p.m.
25 Sunday Celebration 10:30 a.m. Evening Nature Walk 6:00 p.m.	26	27	28 Faith Lift 7:00 p.m.	29	30	31 Inner Sensitivity Lesson 3 1:00 p.m.

DON'T MISS OUR NEW INNER SENSITIVITY CLASS

MEETS ON SATURDAYS: 1:00 P.M. – 3:30 P.M.

BEGINS JULY 17

AUGUST 2010

SUN	MON	TUE	WED	THU	FRI	SAT
1 Sunday Celebration 10:30 a.m. Potluck 11:30 a.m. Love Power Circle 12:15 p.m.	2	3 Divine Healing RB 7 p.m.	4 Faith Lift 7 p.m.	5	6	7 Inner Sensitivity Lesson 4 1:00 p.m.
8 Sunday Celebration 10:30 a.m. Movie 12:30 p.m.	9	10 Divine Healing RB 7 p.m.	11 Faith Lift 7 p.m.	12	13	14 Inner Sensitivity Lesson 5 1:00 p.m.
15 Sunday Celebration 10:30 a.m.	16	17 Divine Healing RB 7 p.m.	18 Faith Lift 7 p.m.	19	20	21 Inner Sensitivity Lesson 6 1:00 p.m.
22 Sunday Celebration 10:30 a.m. Evening Nature Walk 5:30 p	23	24 Divine Healing RB 7 p.m.	25 Faith Lift 7:00 p.m.	26	27	28 Inner Sensitivity Lesson 7 1:00 p.m.

**EVENING NATURE WALK –
MISSION TRAILS**

JULY 25 – 6:00 P.M.



CALL RICHARD
AUGUST 22 – 5:30 P.M.

FOR DETAILS:
(619) 584-2244

Movie Matinees:

JUL 18 – Mr. Destiny

AUG 8 – *Bruce Almighty!*